

**Sample Four Year Plan** 

# Health Science (BS), Community, Worksite, and Public Health Concentration

#### Semester 1

- TRU 120: First Year Seminar (3 cr)
- MATH 156: College Algebra (3 cr)
- ENG 190: Writing as Critical Thinking (3 cr)
- HLTH 255: Intro to Community and Public Health (3 cr)
- POL 101: Constitutional Government (1 cr), OR HIST
- 2100: Institutional History of the United States (1 cr)

## Semester 3

- Elementary Foreign Language I (3 cr)
- HLTH 290: Public Health Education Principles (3 cr)
- STAT 190: Basic Statistics (3 cr)
- STEM Dialogues Curriculum course (4 cr)
- Dialogues Curriculum course (3 cr)

#### **Semester 5**

- HLTH 467: Introduction to Epidemiology (3 cr)
- HLTH 366: Program Assessment & Planning (3 cr)
- HLTH 405: Global Public Health (3 cr)
- JINS 3XX: WE/\_\_\_\_\_ (^) (3 cr)
- CWPH Concentration Selective (2 of 2) (3 cr)

### **Junior Summer Session**

- HLTH 460: Internship in Health Education (6 cr)
- Electives (typically online) (3-6 cr)
- Register for the CHES Exam (Senior Test)

#### Semester 2

- MATH 157: Plane Trigonometry
- HLTH 270: Health Systems and Consumers (3 cr)
- BIOL 100: Biology (4cr), **OR** BIOL 107: Cells, Molecules,
- and Genes (^) (4 cr)
- COMM 170: Public Speaking (3 cr)
- PSYC 166: General Psychology (^) (3 cr)

#### **Semester 4**

- Elementary Foreign Language II (3 cr)
- HLTH 349: WE/Research Methods in Health Science (^) (3 cr)
- HLTH 325: Health Management and Policy (3 cr)
- CWHP Concentration Selective (1 of 2) (3 cr)
- Dialogues Curriculum course (3 cr)

#### **Semester 6**

- HLTH 410: Health Communication Methods (3 cr)
- HLTH 455: School Health Programs (3 cr)
- HLTH 480: Worksite Health (3 cr)
- BIOL 325: Human Physiology (4 cr)
- Dialogues Curriculum course (3 cr)

### **Senior Fall Semester**

- HLTH 440: Program Implementation & Evaluation (3 cr)
- HLTH 400: CHES Exam Review (1 cr)
- Elective(s) and/or Dialogues Curriculum course to complete degree (9-12 cr)
- Take CHES Exam in October (Senior Test)

#### **NOTES:**

- Total required hours: 120
- (^) = All students must complete Perspectives requirements; Health Science Community Worksite and Public Health concentration students are specifically **required** to complete BIOL 107 or **BIOL 100** and **PSYC 166** to fulfill Required Support. The Writing Enhanced (WE) course requirements are met by completing HLTH 320 (as an elective in the major or another WE course in any area), HLTH 349, and JINS 3XX.
- See course pre-requisites at <u>catalog.truman.edu</u>.
- You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.
- WE = Writing Enhanced course
- If you have not completed the Civics Exam, we recommend doing so in your first year.
- Truman students are required to complete a <u>Portfolio</u> to graduate. We recommend starting to compile your work for the Portfolio sooner than later.

- Students must complete their Application to Graduate **the semester prior to graduating**. Apply to graduate through TruView.
- Graduating seniors need to complete their seniors test and questionnaire. We recommend reviewing the <u>Assessment & Testing page</u> to plan accordingly.
- **The Dialogues curriculum** requires a certain number of courses/credit hours in the following Perspectives: Social, Arts and Humanities, STEM, Communications, and Statistics. The exact number of courses a student will be required to take during their undergraduate career varies individually according to the credit transferred in.

**Department Chair:** Please contact the <u>Center for Academic Excellence</u> with any updates to the plan above. Rev. 7-31-24