

Health Science (BS), Pre-Occupational Therapy/Pre-Athletic Training Concentration

Semester 1

- TRU 120: First Year Seminar (3 cr)
- MATH 156: College Algebra (3 cr)
- HLTH 255: Intro to Community and Public Health (3 cr)
- ENG 190: Writing as Critical Thinking (3 cr)
- POL 101: Constitutional Government (1 cr), **OR** HIST 2100: Institutional History of the United States (1 cr)

Semester 3

- Elementary Foreign Language I (3 cr)
- HLTH 290: Public Health Education Principles (3 cr)
- STAT 190: Basic Statistics (3 cr)
- CHEM 100: Chemistry for Contemporary Living (4 cr), **OR** CHEM 130: Chemical Principles I (^) (4 cr)
- SOAN 190: Sociological Inquiry (3 cr)

Semester 5

- HLTH 366: Program Assessment & Planning (3 cr)
- JINS 3XX: WE/_____ (^) (3 cr)
- PSYC 377: Developmental Psychology (3 cr)
- Health Concentration Selective (2 of 4) (3 cr)
- Dialogues Curriculum course (3 cr)

Semester 7

- HLTH 410: Health Communication (3 cr)
- HLTH 200: Medical Terminology (2 cr)
- BIOL 365: Human Anatomy (3 cr)
- BIOL 365L: Human Anatomy Lab (1 cr)
- Dialogues Curriculum course (3-6 cr)
- Register for the CHES Exam (Senior Test)

Semester 2

- MATH 157: Plane Trigonometry (2 cr)
- HLTH 270: Health Systems and Consumers (3 cr)
- BIOL 100: Biology (4 cr), **OR** BIOL 107: Cells, Molecules, and Genes (^) (4 cr)
- COMM 170: Public Speaking (3 cr)
- PSYC 166: General Psychology (^) (3 cr)

Semester 4

- Elementary Foreign Language II (3 cr)
- HLTH 349: WE/Research Methods in Health Science (^) (3 cr)
- HLTH 325: Health Management and Policy (3 cr)
- Health Concentration Selective (1 of 4) (3 cr)
- Dialogues Curriculum course (3 cr)

Semester 6

- BIOL 325: Human Physiology (4 cr)
- PSYC 366: Psychology of Abnormal Behavior (3 cr)
- Health Concentration Selective (3 of 4) (3 cr)
- Electives (3-6 cr)
- Take GRE (and review course, if desired)

Semester 8

- HLTH 440: Program Implementation & Evaluation (3 cr)
- HLTH 400: CHES Exam Review (1 cr)
- Health Concentration Selective (4 of 4) (3 cr)
- Electives (6 cr)
- Take CHES Exam in October (Senior Test)

NOTES:

- (^) -- All students must complete Perspectives requirements. Health Science Pre-OT/AT concentration students are specifically **required** to complete **BIOL 107** or **BIOL 100**, **CHEM 100** or **CHEM 130**, **and** **PSYC 166** to fulfill Required Support.
- WE = Writing Enhanced course
- The Writing Enhanced (WE) course requirements are met by completing HLTH 320 (as an elective in the major or another WE course in any area), HLTH 349, and JINS 3XX.
- See course pre-requisites at catalog.truman.edu.
- You are encouraged to use these materials in conjunction with the Truman Catalog and Degree Works (available on TruView) as a guide in planning your progress toward completion of degree requirements. The Office of the Registrar is responsible for certifying completion of degree requirements based on requirements specified in the catalog.
- If you have not completed the Civics Exam, we recommend doing so in your **first year**.
- Truman students are required to complete a [Portfolio](#) to graduate. We recommend starting to compile your work for the Portfolio sooner than later.

- Students must complete their Application to Graduate **the semester prior to graduating**. Apply to graduate through TruView.
- Graduating seniors need to complete their seniors test and questionnaire. We recommend reviewing the [Assessment & Testing page](#) to plan accordingly.
- **The Dialogues curriculum** requires a certain number of courses/credit hours in the following Perspectives: Social, Arts and Humanities, STEM, Communications, and Statistics. The exact number of courses a student will be required to take during their undergraduate career varies individually according to the credit transferred in.

Department Chair: Please contact the [Center for Academic Excellence](#) with any updates to the plan above. Rev. 8-2-24