

DECEMBER 2016 NEWSLETTER



The SHSE Administrative Team

Janet L. Gooch, *Dean of SHSE & Interim Dean of SAM*

Pete Kelly, *Interim Assoc. Dean & Chair of Education*

Mona Davis, *Assistant to the Dean/Newsletter Editor*

Roberta Donahue, *Chair of HES*

James Judd, *Director of the RPDC*

Stephanie Powelson, *Chair of Nursing*

Amy Teten, *Chair of CMDS*

Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

Congratulations to the Department of Education!! The MAE program recently received notification from the Council for the Accreditation of Educator Preparation (CAEP) that the program is fully accredited for the next seven years. The Education department began the process of accreditation renewal four years ago with multiple areas for improvement from their last NCATE visit. Right around the time of the department's last site visit, the National Council for Accreditation of Teacher Education (NCATE) and the Teacher Education Accreditation Council (TEAC) began a process of consolidation. The process for accreditation during this time was not clear. The two bodies have since formed a new accrediting body: the Council for the Accreditation of Educator Preparation (CAEP). Truman's Education department was one of the "early adopters", designated as such because they used the new CAEP standards for this accreditation cycle. I want to congratulate the Education department - the faculty, staff, and students - on their hard work and collaboration in preparing for and participating in the accreditation process. The outcome could not have been more favorable!

Accreditation can offer several important benefits to programs including the opportunity for self-definition, self-reflection and feedback on program content that can be used for continuous improvement. However, as many of us know, accreditation is not an easy process and finding the time and energy to prepare for an accreditation site visit can be extremely difficult. Although this particular congratulatory message is for the recent accomplishments in accreditation for the department of Education, I want to thank all of you for your commitment to your programs and the accreditation process. Communication Disorders will host an accreditation site visit from the Council on Academic Accreditation in Audiology and Speech-Language Pathology (CAA) of the American Speech-Language-Hearing Association on March 6-7, 2017 and is working diligently to prepare. It seems that Nursing is continually writing a report for or hosting a site visit from some accreditation/regulatory group (the State Board of Nursing, the Commission on Collegiate Nursing Education)! Athletic Training is currently waiting on the approval from the Higher Learning Commission on their self-study and request for transition to a Master's level-only program. Although primarily a departmental process, we can offer support at the school level for departments undergoing accreditation by recognizing the work of our colleagues and serving as spokespeople for their programs. To do this, we need to be aware of the opportunities and accomplishments of the programs in our school. The SHSE newsletter can be a means of fostering that awareness, so thank you for your contributions and to Mona for the final product.

As we close in on the end of the semester, I once again want to thank you for all that you do. Our accomplishments as a school and as individual departments were considerable this semester – we have much to be proud of and look forward to next year. My best to all of you over break and through the holiday season.

December 2016 Commencement

Commencement ceremonies for the Winter Class of 2016 will be held Saturday, December 17. Of the 365 candidates (as of this writing), 91 ($\approx 25\%$) are from the School of Health Sciences and Education. The Registrar Office reports the following: The Communication Disorders (CMDS) Department has 22 candidates: 5 for Bachelor of Arts (BA), 6 for Bachelor of Science (BS), and 11 for Master of Arts (MA) in CMDS. The Education Department anticipates 22 graduates from the Master of Arts in Education (MAE): 11 in Elementary, 1 in English, 1 in Exercise Science, 2 in History/Social Science, 6 in Music, and 1 in Science. Health and Exercise Sciences has 20 candidates for the BS in Exercise Science and 16 for the BS in Health Science. Nursing expects to graduate 11 with the BS in Nursing.



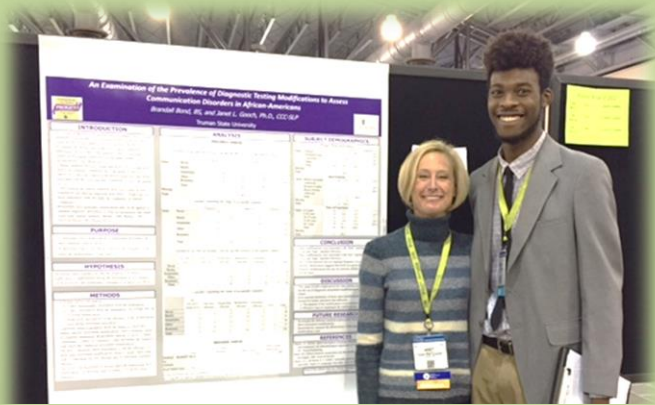
SHSE will offer Mental Health First Aid for faculty and staff members on Monday, January 9 and Tuesday, January 10, from 12:30 p.m. - 5:00 p.m. Mental Health First Aid is an eight-hour certification course that teaches how to identify, understand, and respond to signs of mental illnesses and substance use disorders. There is no charge to participate, but individuals must pre-register by Thursday, December 1 to attend. Please email rdonahue@truman.edu for more information or to sign up to participate in the training.

As a part of the SHSE Mental Health Initiative, Dr. Jennifer Hurst presented her research titled *Nature, the Truly Natural Treatment for Mental Health*, November 1, in Magruder Hall. Dr. Hurst shared that the influence and effect of nature and the natural environment on psychological well-being is not a new concept, but we have lost site of our connection with our natural world. Her presentation explored past and present research on the role nature has in maintaining healthy psychological well-being and cognitive processing. Dr. Hurst explained the potential reasons why humans need to have some connection with nature and the possible implications on mental health and cognitive function when that connection is lost.

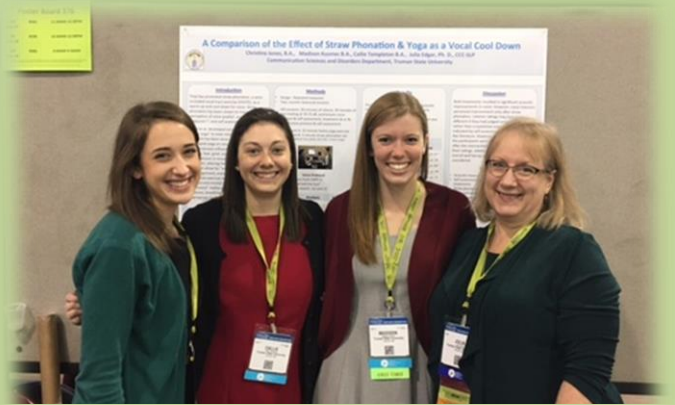


Communication Disorders

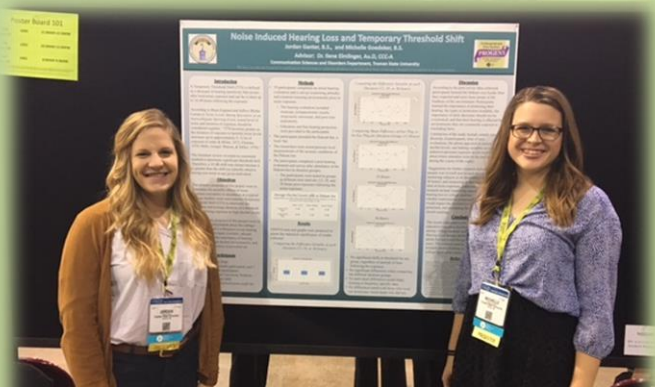
Ms. Melissa Passe, Dr. Julia Edgar, Dr. Amy Teten, and Dr. Janet Gooch attended the American Speech-Language-Hearing Association (ASHA) annual convention, November 17 – 19, in Philadelphia, Pennsylvania. The theme of the convention was *Everyday leadership. Leadership every day.* Student presentations included: Brandall Bond, *An Examination of Diagnostic Testing Modifications to Assess Communication Disorders in African Americans*, mentor Dr. Janet L. Gooch; Christina Jones, Madison Kusmec, and Callie Templeton, *A Comparison of the Effect of Straw Phonation and Yoga as a Vocal Cool Down*, mentor Dr. Julia Edgar; and Jordan Ganter and Michelle Goedeker, *Noise Induced Hearing Loss and Temporary Threshold Shift*, mentor Dr. Ilene Elmlinger.



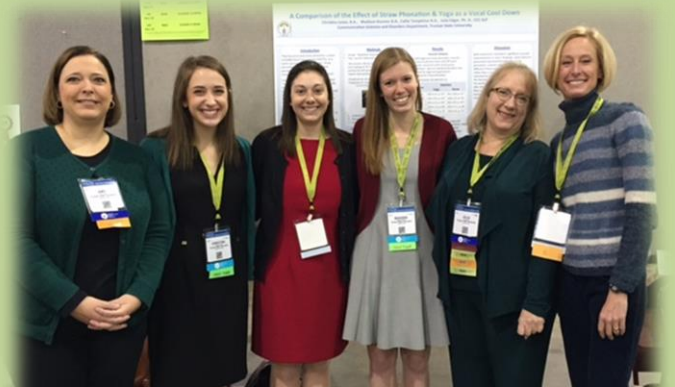
Brandall Bond and Dr. Janet L. Gooch



Christina Jones, Callie Templeton, Madison Kusmec and Dr. Julia Edgar.



Jordan Ganter and Michelle Goedeker



Dr. Amy Teten, ASHA student presenters and mentors

Ms. Patricia Hanson and Ms. Kelsey Aurand de Razo accompanied nine students to the fall Speech Pathology Association (SPA) meeting, November 18. SPA is a group of northeast Missouri speech language pathologists, speech language pathology assistants, speech implementers, and paraprofessionals who work in public schools. Meetings are held twice per year to share ideas, challenges, and new information and to host professional development programs. The program for the November 18 meeting was an online presentation entitled *Building Vocabulary through Children's Picture Books*.

The CMDS Department hosted a Graduate Student Open House, November 5. The 39 attendees represented universities from: University of Missouri-Columbia – 5; Truman State University – 14; University of Northern Iowa – 4; Southern Illinois University-Edwardsville – 3; University of Illinois-Urbana -1; Southeast Missouri State University – 1; Augustana College – 2; University of Central Missouri – 1; University of Arkansas- Fayetteville – 1; Missouri State University – 1; Northwest Missouri State University – 1; Southwest Baptist University – 1.

The Communication Disorders Association (CoDA) Student Organization participated in the 2016 Health Professions Awareness Week. CoDA members were talked with students about speech-language pathology and audiology, September 28, in McClain Hall. They also shared information about technology in CMDS by demonstrating how a decibel level simulator works to detect dangerous levels of sound and how an iPad can be used in speech therapy sessions. In the evening, CoDA members led tours of the Speech and Hearing Clinic. CoDA seniors also gave free speech and hearing screenings to Truman students during this event.

CoDA participated in the first Diaper Drive for the 2016-2017 academic year, October 17 - 27. Members of CoDA collected diapers and wipes for Kirksville families who are under financial strain. The diaper donations were dropped off at the Truman Speech and Hearing Clinic lobby, and at awareness tabling stations on the Quad, in the Student Union Building, and McClain Hall. On October 28, at the Salvation Army, families received diapers as well as information on emergent literacy. The organization also presented to parents information on developmental milestones of their children. The Diaper Drive was a huge success, helping 39 families. CoDA hopes to host a total of four Diaper Drives during the 2016-2017 academic year.

The 30th annual Research Forum in Communication Disorders will be held Wednesday, December 14, 6:30 p.m. -10:00 p.m. This event is open to local professionals in communication disorders and ASHA CEUs will be available pending approval. There is no cost to attend, however participants must be present for the entire forum to receive CEUs or a certificate of participation. Please arrive to register at 6:15 p.m., Health Sciences 2203 (main level). Graduate students will present the results of the clinical research they have conducted this semester in technical session format. A wide range of topics of interest to clinicians working with children or adults will be discussed. For more information, contact Dr. Julia Edgar, jedgar@truman.edu

Education

The Missouri Department of Mental Health, Division of Developmental Disabilities would like to congratulate the Adair County SB40 Developmental Disability Board and their team of service coordinators on their receipt of the Blue Ribbon Award for *Empowering Individuals through Employment*. The Adair County SB40 is the first organization in Missouri to merit the Blue Ribbon Award. The Blue Ribbon Award for *Empowering Individuals through Employment* is awarded by the Division to agencies that have assisted more than 25% of the individuals with developmental disabilities whom they serve to obtain employment services. Employment services, such as job development and job coaching, enable individuals with disabilities to find and keep jobs within their communities. The Adair County SB40 has authorized 40 individuals with disabilities in the last three months to receive employment services and currently serves more than a hundred people with developmental disabilities working in competitive-wage jobs with 35 different community employers and self-employment. Nearly half of those individuals now require no paid supports to maintain their jobs. Gaining access to employment services is often the first step for an individual with developmental disabilities toward securing a competitive-wage job in the community, working alongside peers without disabilities. Research shows that many individuals with disabilities want to work in their community and many already do so very successfully. Often the employment services are only required for a period of months until the employee learns the duties of the job. Individuals with disabilities want jobs where their skills and strengths are recognized and valued. In Adair County, agencies like Learning Opportunities, High Hope and Chariton Valley help individuals gain the skills needed to work, to earn money, to connect with others and to build a better life. Employers like Sodexo, Wal-Mart, Hy-Vee, Colton's, Home Depot and many more, who hire individuals with disabilities, complete the circle of community members that must be engaged to make competitive integrated employment an achievable goal for individuals with disabilities. SHSE majors routinely complete service-learning/volunteer hours and/or go on to work with these businesses. Missouri is an Employment First state, which means that employment is considered the option of choice for citizens with disabilities. Employment First is a topic studied by Disability Studies minors. The Adair County SB40 Developmental Disability Board is a not-for-profit governmental organization that seeks to enrich the lives of individuals with developmental disabilities in Adair, Putnam, Schuyler, Scotland and Sullivan Counties by connecting people to essential resources. Dr. Julie Lochbaum serves on the Board.

Health and Exercise Sciences



Between October 19 and November 15, the 28 students enrolled in HLTH 255 02 Introduction to Community and Public Health worked to promote awareness among 2,190 students, faculty and staff about safe driving practices. Motor vehicle crashes are the leading cause of death for people ages 1-44. The information was distributed using wallet cards, brochures, and free items. Freshman Ashton King, who worked at the tables said, “I feel that it is worth sacrificing a few hours if there is a possibility that I could save someone’s life.” While it may have been the free soda, highlighters, hand sanitizer and so much more that encouraged many to stop by, the message is priceless. The CHEERS program in Missouri was created to increase designated drivers by offering them free non-alcoholic beverages at certain establishments. When dining at an establishment that is a part of the CHEERS program, the designated driver can consume as many free non-alcoholic drinks as they like if a member of their party is consuming alcohol. Alcohol is a crucial risk factor for unintentional injuries and by promoting the CHEERS program, more people will utilize a designated driver, thus reducing unintentional motor vehicle injuries. According to another student, “The CHEERS program is a great way to get people to use a designated driver without making people feel like someone has to be cut out of the fun”.

According to the National Institute on Mental Health, 75 percent of lifetime cases of mental health conditions begin by age 24, and one in four young adults between the ages of 18 and 24 has a diagnosable mental illness. The symptoms of mental illness are often misunderstood and associated with a negative stigma. The stigma tends to resonate in the form of hurtful stereotypes, myths, and misinformation. Education is key to improving the quality of life for those who suffer from mental illness. *Shake the Stigma*, a mental health awareness campaign, brought awareness to campus October 31 - November 3 with the following events: yoga, QPR Suicide Prevention Training; a mental health discussion, and a Facebook campaign called *Truman Speaks Out* in which students anonymously shared their stories surrounding mental illness. If you would like to join the conversation like *Shake the Stigma* on Facebook.



Health and Exercise students presented five research posters at the Interdisciplinary Biomedical Research Symposium (IBRS), November 5, at A.T. Still University. Students presenting include Ashley Ploudre, Lauren Houk, Abby Meyer, Olivia Simpson, Caleb Bischoff, Katelyn Welker, and Alicia Hunsaker. IBRS is an annual event hosted by the A.T. Still Research Institute and Sigma Xi. The event gives students, residents, faculty, and researchers the opportunity to present their current biomedical research and provides a foundation for promoting collaborative biomedical research with the Institute.

Congratulations to Ashley Lyon and Sean Rudolph, who both passed their Athletic Training Board of Certification exam on the first attempt.

Several students and professors traveled to the annual Missouri Association for Health, Physical Education, Recreation, and Dance (MOAHPERD) Convention, November 11 – 13, at the Lodge of the Four Seasons in Lake Ozark. The theme of the conference was



Ms. Jana Arabas and Ms. Liz Jorn teamed with Gina McNeece from Northwest Missouri State University to present a CPR class for K-12 Physical Education Teachers from across the state. Seventy-one teachers received the certification.



Mackenzie Mertz and Dr. Brandy Schneider presented *Taping Refresher*. Dr. Schneider also presented *Basic Injury Care*.

Mackenzie was honored at the Outstanding Future Professional for Athletic Training at the conference.



MAE students Kasey Gassensmith, Hannah Wehar, Kelsea Dorsey, and Laura Rethemeyer, along with Dr. Carla Smith, presented a session on *Meeting GLE's through Lead-up Games for Team Handball*. The session was also attended by current MAE student, Natalie Garlock, and 2013 MAE graduate Nick Clements (Wentzville Middle School teacher), as well as many other teachers from around the state.



Ms. Jana Arabas and Alexandra Arabas, a senior at Kirksville High School, presented *CPR in Schools: Managing an Unfunded Mandate*. Governor Jay Nixon signed Senate Bill 711 in July, 2016 stating that all graduating seniors starting with the 2017-18 graduating class must have 30 minutes of CPR exposure upon graduation. Alexandra is a CPR instructor with the American Heart Association and is doing a year-long service learning project incorporating CPR/AED and the Heimlich maneuver into the freshmen health classes.

Students in Dr. Janice Clark's HLTH 362 Environmental Health course presented several activities, November 14 – 17, for National Recycling Day, which was November 15. Students were given the "Second Life" assignment with the intent to creatively recycle/reuse/repurpose one or more items into a new product with a different function. Using materials that might have otherwise been discarded, students were to create a usable product, artwork, jewelry, or wall decoration from recycled materials, thereby giving the materials a second life. Students search the internet and talked to friends and family for project ideas. Their items were brought to class for "show and tell" and then displayed in the SUB. Viewers were encouraged to stop by the display and vote for items in three categories. The winners were: Most Creative Item: Crocheted Lunch Bag (made from strips cut from plastic bags)—Madeline Thomas; Biggest Change from First to Second Life: Crutches Knick Knack Shelves—Clarice Schmid; Most Useful Item: (a tied vote) Bottle Opener (made from a wooden fence board)—Emmy Fry and Wood Pallet End Table—Carly Reeve. In addition, students scheduled two campus presentations for Recycling Week. On November 16, Dr. Ben Wodika explained the Truman compost project and explained the basics of home composting. On November 17, Sydney Gosik, Health Science senior, discussed clothing upcycling and the problems associated with the fast clothing industry and unsustainable fashion practices. Katie Tauchert explained how to make cat toys from old t-shirts and the students attending made a number of cat toys for a no-cage shelter in Chicago. The HLTH 362 students and their Second Life items are listed and pictured below and on the following page: Desk Organizer –Abby Mansley; Vase and Pencil Cup— Momi Sagoe; Mittens (from fleece shirt)—Mackenzie Maher; Coca-Cola Box Seed Starter Box—Alyssa Marin; Dog Toy Chews—Madi Cockrum; Fabric Reusable Coffee Sleeves—Melanie King; Self-Watering Glass Planters—Emily Hahn; Crocheted Lunch Bag—Madeline Thomas; T-shirt Shag Rug—Bene Clear; Wine Bottle Tiki Torch—Taylor Steinhart; Cat/Dog Bed—Rachel Hanson; Bottle Opener—Emmy Fry; Wine Cork Trivet—Marissa McBurnett; Organizer Drawers—Sidney Shields; Table (made from a broken chair)—Briana Niedling; End Table (made from wooden palette)—Carly Reeve; Grandfather's Outdoor Wooden Chair (made from wooden palette)—Madison Thornburg; Crutches NickNack Shelves—Clarice Schmid; Vinyl Album Clock—Ikeolu Okidipo; Memo Board and Key Holder—Brendan Cronley; Cloth Tote Bags—Ben Lasser.





Momi, Emily, Bene, Rachel, Esther



Madi, Sydney, Emma, Alyssa



Madeline, McKenzie, Melanie, Katie



Carly, Clarice, Madison, Taylor



Briana, Marissa, Ben, Brendon



Sydney Gosik



Katie Tauchert

MAE students Laura Rethemeyer and Shane Hartwig teach badminton skills on the last day of Home School Physical Education. Students in the ES 608G and ES 531 G classes taught Physical Education to secondary home school students every Friday during the semester.



Students in Dr. Janice Clark's HLTH 440 will present their capstone projects Tuesday, December 6, 6:00 p.m. -7:30 p.m., VH 1010. Student projects this semester include: Buddy Pack Coordinators: Alex Savala and Hailey Ketchum; Mental Health Awareness Week: Bailey O'Connell and Sophie Hauri; Heartland Task Force: Footprints for Life: Sara Amini-Rad; Strike Stroke First: Erica McBride and Brittany Rempel; HPV Vaccine Research: Susan Caman and Faith Hoffman; HLTH 195 Teaching Assistant: Tawny Tucci; HLTH 198L Teaching Assistant: Jordyn Allen; HLTH 270 Teaching Assistant: Courtney Bueler; HLTH 290 Teaching Assistant: Emily Holbrook; and HLTH 325 Teaching Assistant: Kate Christian.

Students in Dr. Alicia Wodika's HLTH 349 Research Methods will present posters Thursday, December 8, 5:00 P.M. – 6:00 p.m., SUB Down Under. Student groups will present various topics, including student perceptions of the ACA, disability awareness, student mental health, and others.



Dr. Daley Moore arranged for a Halloween visit for HES from the cast of the *Harry Potter*. Pictured above, left to right (in case you didn't recognize the stars): Quirinus Quirrell, Minerva McGonagall, Lily Potter, Molly Weasley, Bellatrix Lestrange, Nymphadora Tonks, Sybill Trelawney and Hermione Granger. Remus Lupin was absent from the photo because he was in the midst of transformation into a werewolf, but he did teach class in the morning.

Nursing



The nursing department has a new piece of equipment in the Nursing Simulation Center. The BIOcon700 bladder scanner will allow students to practice using equipment that is used on most patient care units. Implementing bladder scanning has been shown to reduce unnecessary bladder catheterization and decrease urinary tract infection rates. Pictured, left, are seniors Nina Flynn (BSN '17) using this technology with Katie Hussey (ABSN '16).

The Nursing Department welcomed back nursing alumnae during Homecoming weekend:



Ms. Sharon McGahan and Vickie Tegethoff '83.

Dr. Steve Hadwiger, Paige Allen '16, Ms. Kit Hadwiger, Lauren Darter '16.

Nursing majors Stephanie Dummerth, Ilennah Fanega, and Delaney Swanson presented *The Emergence of HIV: Voices of Nurses during the First Decade* at the Blessing-Rieman College of Nursing 23rd Annual Research Day on October 28, in Quincy, Illinois. This dramatization of three key nurses (Diane Jones, one of the first nurses to work on the first AIDS unit at San Francisco General Hospital; Barbara Fassbinder, the first documented case of an RN becoming HIV positive from blood exposure; and Dr. Ada Sue Hinshaw,



first director for the National Institute for Nursing Research), incorporated a dialog from original quotes from these historical figures. The keynote speaker, Dr. Sandra Bibb, was a personal friend of Dr. Ada Sue Hinshaw. She congratulated the students on their representation of her voice. Through a historical research project, these nursing students explored primary and secondary sources to find key nurses in the public's response to AIDS in the United States. Then they developed the characters of these nurses through primary sources of recorded interviews, official records, and secondary sources through contemporary media coverage of these nurses. Diane Jones defied the stigmas of associated with HIV positive patients by volunteering to work specifically with this target population. Barbara Fassbinder challenged the slow response of employers and the government to ensure safety for healthcare workers. Dr. Ada Sue Hinshaw changed the focus of nursing research on HIV/AIDS from prevention and cure to living with chronic illness and symptom management. The interaction of these three voices created a unique experience of the first decade when AIDS became a health concern for nursing practice. The faculty mentor for these students was Dr. Stephen Hadwiger.

Throughout this semester, Truman nursing students in NU 485 *Rural Public Health Nursing* participated in an inter-professional cross-campus collaborative case (IP-CCC) experience that culminated with student presentations, November 7 - 8. Students were assigned to inter-professional teams, composed of nursing, medical, dental, communication disorder, athletic training, and/or health science students from A.T. Still University (ATSU) and Truman. In groups of 4 - 5 students, inter-professional teams examined a web-based story of an individual and her family and created a holistic team-based care plan. They worked together to create presentations that emphasized patient and family centered care, identified the roles and responsibilities of team members, highlighted strategies to ensure effective team and communication, incorporated techniques to promote quality improvement and patient safety, and reflected on their ability to work effectively as a team. Students were evaluated by staff and faculty from ATSU and Truman based on their fulfillment of program objectives, which were based on competencies of inter-professional collaborative practice. Students were also evaluated on their presentation styles. Truman faculty and staff enjoyed the opportunity to see students cultivate core competencies necessary for professional practice.



Pictured, left, are the members of the K-11 team. This team won an award for being one of the top scoring teams. Pictured, left to right are: Maha Mohammed, Health Science, Jessica Griffith, Nursing, Savannah Proctor, Nursing, Phillip Stallings, Athletic Training, Andrew Millbrandt, Medicine.

Faculty and staff attended the 20th Annual Midwest Regional Nursing Educators Conference, November 11, in Columbia. Sponsored by the University of Missouri School of Nursing, the theme was *Innovations, Quality and Safety In Nursing Education and Practice*. Presentation topics highlighted a range of modalities to enhance teaching including creative teaching strategies, technology techniques to engage students, and best practices for simulation and debriefing. Kelly Bauer Royston '05 (pictured right with Ms. Kit Hadwiger), was present at the conference. Kelly is a nurse educator in Linn, serving as Department Chair and Instructor at State Technical College of Missouri. Faculty and staff had the opportunity to catch up with Kelly and hear about her nursing career.



Alumnae Shellie Brashears (ABSN '15) and Paige Allen (BSN '16) visited the NU480 Professional Nursing Leadership class, November 16, and talked about their first year of nursing. Shellie and Paige shared tips about studying for the NCLEX-RN, the job application process, interviewing, and offered advice about the transition from student to professional nurse. They shared personal experiences, both challenging and rewarding, in their nursing careers thus far. Shellie works on the Neurology Unit at Boone Hospital, Columbia, and Paige is working in the Neonatal Intensive Care Unit at Children's Mercy in Kansas City. Pictured left to right: Dr. Stephen Hadwiger, Paige Allen, Shellie Brashears, and Ms. Pam Melvin.



Ten accelerated Bachelor of Science in Nursing (ABSN) students and one traditional nursing student will graduate on December 17. The ABSN recognition ceremony will begin at 9:00 a.m. in Violette Hall 1010. ABSN students completed 15 months of rigorous study to obtain their degrees. Congratulations to all December graduates!



Pictured above, front row, left to right: Dr. Brenda Wheeler (class advisor), Trudi Gatteys, Melissa Tran, Arlene Seper, Katie Hussey; middle: Mandy Berrey, Curtiss Bunch, Stephanie Dummerth; top: Savannah Proctor, Drew Kramer, Austin Kampen. Not pictured: Nicki Snodgrass.



Nursing faculty and staff celebrated Halloween in the spirit of the Wizard of Oz.

Hope's Kitchen Fundraiser

Once again, the Department of Nursing is challenging the Departments of Communication Disorders, Education, and Health and Exercise Sciences to raise money for Hope's Kitchen. The *Kirksville Daily Express* opened its annual campaign for Hope's Kitchen on November 20 and will close the campaign on December 22. Last year, the School of Health Sciences and Education raised approximately \$1,000.00 for this soup kitchen during a similar time period.

Hope's Kitchen serves meals twice a month to persons in need. Meals are served at Mary Immaculate school cafeteria or delivered to persons at their homes. According to Maslow's Hierarchy of needs, feeding the body is the foundation of an individual's ability to develop mental health and succeed to their personal potential. Many people served through Hope's Kitchen have mental and physical disabilities.

The Department of Nursing will hold a bucket challenge for nursing students. The class contributing the most money will win a food surprise during finals week. Please consider meeting our challenge and challenge your Department to contribute to this important community resource.

All donations should be submitted to Sharon McGahan, Department of Nursing, by 12 noon on Reading Day, Wednesday, December 14. Each person donating a minimum of \$1.00 will have his/her name posted in the *Kirksville Daily Express* (until their publication deadline is met). Please also collect names and submit each donor's name to Sharon McGahan.

For more information, please see:

<http://www.kirksvilledailyexpress.com/news/20161118/daily-express-launches-annual-hopes-kitchen-drive>

Calendar of Selected Upcoming Events

December 3, Saturday: Board of Governors Meeting

December 9, Friday: Last Day of Classes

December 12, Monday: First Day of Finals

December 14, Wednesday: Reading Day

December 16, Friday: Last Day of Finals

December 17, Saturday: Commencement, 11:00 a.m.

December 17, Saturday: Winter Interim Begins

January 14, Saturday: Winter Interim Ends

January 16, Monday: Martin Luther King, Jr. Observance, University Closed

January 17, Tuesday: First Day of Classes

January 28, Saturday: Admissions Saturday Showcase Event

February 4, Saturday: Board of Governors Meeting

February 17, Friday: Dr. Mini Tandon Visit to Truman

March 8, Wednesday: First Block Classes End

March 9, Thursday: Second Block Classes Begin

March 21, Tuesday: Summer 2017 class registration begins

March 25, Saturday: Admissions Saturday Showcase Event

April 3, Monday: Lyceum Saint Louis Brass, 7:30 p.m., Ophelia Parrish Performance Hall

April 4, Tuesday: SHSE Mini-Research Conference, 3:30 p.m., VH 1010

April 8, Saturday: Board of Governors Meeting

April 17, Monday: Term Break Day

April 20, Thursday: Student Research Conference

April 28, Friday: Language and Literacy Conference with Barbara Golub

April 29, Saturday: Admissions Saturday Showcase Event

May 5, Friday: Last Day of Classes

May 8, Monday: First Day of Finals

May 10, Wednesday: Reading Day

May 12, Friday: Last Day of Finals

May 13, Saturday: Commencement (3 ceremonies), Pershing Arena


Monthly newsletters are posted at <http://www.truman.edu/majors-programs/academic-departments/about-school-of-health-sciences-education/school-of-health-sciences-education-newsletter/>. Newsletters are posted on the first business day (or close to that) of most AY months and are intended to improve communication within and across the School, campus, and larger community. Feel free to send notes to monad@truman.edu about faculty or staff accomplishments, what our students are doing, or anything else you would like to be considered for publication.

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



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*School of
Health Sciences & Education*