

# MARCH 2017 NEWSLETTER



## The SHSE Administrative Team

**Dr. Janet L. Gooch**, *Dean of SHSE & Interim Dean of SAM*

**Dr. Pete Kelly**, *Interim Assoc. Dean & Chair of Education*

**Dr. Roberta Donahue**, *Chair of HES*

**Mr. James Judd**, *Director of the RPDC*

**Dr. Stephanie Powelson**, *Chair of Nursing*

**Dr. Amy Teten**, *Chair of CMDS*

**Ms. Mona Davis**, *Assistant to the Dean/Newsletter Editor*

## Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences and Education

Hello Colleagues,

I have had the pleasure of interviewing a number of candidates for open positions in SHSE and in SAM over the last several weeks. Through this process, I have been struck by the energy and enthusiasm that the candidates exude when talking about the possibility of working at Truman. So many of them say, "I'd absolutely love to work at a place like this" and/or "Truman is a special place." It's inspiring to hear comments like this from potential new faculty. You just know that students will be inspired by that energy and excitement – that kind of attitude is contagious. After several of these interviews I started reflecting back on how I felt when I first came to Truman (over 21 years ago). It was a special time. I was ABD and overwhelmed with teaching new courses and finishing up my dissertation, getting to know the University, University life, and all of the possibilities that were in store for me. Sometimes, I would remind myself that, "WOW, this is for real. I work at Truman. I'm a University professor." My love and commitment to Truman is still as strong as ever, but there's something about those first several years that is indescribable. Because of that, I decided to ask some of our newer faculty about their "most special Truman moment to date." I thought we all might enjoy hearing some of the goose bump provoking stories from our newer faculty to help remind us of what we love about Truman. Here's what they said:

*From Susan Lambert, Assistant Professor of Nursing*

I am sorry to say that there really isn't a "best Truman moment to date" as there are SO MANY! If I "had to" relate a story, it would need to include the countless times where the student and I were learning together. A special kind of bonding occurs in the clinical setting when we are able to work one-on-one with our students and I appreciate the hard work and moments of enlightenment that we have shared together. It gives me a sense of pride to see these young nurses move from novice to expert critical thinkers and know that someday they may be caring for me or my family members!

*From Alison Winston, Instructor of Nursing (will assume a tenure track position effective August, 2017)*

I accompanied my sophomore Human Nutrition students to Hope's Kitchen to volunteer on a Saturday. They all jumped right in, donning their hair nets and gloves and got to work preparing food for Kirksville's needy. It was a hoot listening to them get to know each other and bond as all nursing students must while helping the community. We all had a great time, and it was apparent in their reflections that they came away with a different perspective of community nutrition.

*From Nancy Daley-Moore, Assistant Professor of Health and Exercise Science*

I would have to say my most memorable moment has been a collection of moments. Seeing some of the students I have been mentoring in research present their work has been incredible. I had a student give a riveting presentation at the Women's and Gender Studies Conference, and from that presentation it propelled further conversations around LGBTQ inclusion in Greek life. Another memorable moment was watching students faces light up when they came into the HES "Hogwarts" Office during Halloween. Even though it was a stressful time as we were heading into the semester, it was nice seeing everyone smile. I also really cherish the classes I have my coffee Fridays with. I implemented coffee Fridays because Friday just seemed like a day where everyone wanted to be anywhere but the classroom (which I understand). However, bringing coffee and having that time to chat for a few minutes makes everyone feel like they can get through one more class period before the weekend.

*From Amy Teten, Assistant Professor and Chair, CMDS*

My best 1 - 2 moments would be:

- 1) Seeing the process of research through the eyes of undergraduates . . . mentoring them and watching them learn.
- 2) Getting a high-five from Spike while interacting with prospective students at the January Showcase!

I'm hoping these shared memories will cause you to take a few moments to think about some of your "best moments" at Truman. I encourage you to share!



Alumna Dr. Mini Tandon, Assistant Professor of Psychiatry at Washington School of Medicine in St. Louis, (pictured above right) spoke to students and faculty on *Resilience and Mental Health in College and Beyond*, February 17, as part of the School of Health Sciences and Education year-long initiative on mental health.

## Communication Disorders

The Communication Disorders (CMDS) Program at Truman State University will host an accreditation site visit by the Council on Academic Accreditation in Audiology and Speech-Language Pathology (CAA) of the American Speech Language Hearing Association (ASHA) on Monday and Tuesday, March 6 and 7, 2017.

On Monday March 6, 2017 there is a scheduled “public meeting” during which clients, families, and partners of the program are asked to assemble, visit with the site visitors, and comment on the services and/or collaborative partnerships between themselves and the CMDS program. The meeting is scheduled for Monday, March 6, 2017 from 4:30 p.m. to 5:30 p.m., in Pershing Building 2100. The CMDS faculty and staff invite you to attend the “public meeting” to offer comments regarding the CMDS Department and the Speech and Hearing Clinic.

Council on Academic Accreditation in Audiology and Speech-Language Pathology (CAA) of the American Speech Language Hearing Association (ASHA) Public Comment Policy and Procedures (July, 2005): Programs scheduled for review are responsible for soliciting public comment from students and consumers by holding a public meeting during the scheduled site visit. The program must widely publish an announcement regarding this meeting no later than 15 days prior to the site visit. A copy of the Standards for Accreditation and/or the CAA’s Policy on Public Comment may be obtained by contacting the Accreditation Office at: ASHA, 220 Research Boulevard, #310, Rockville, MD 20850; calling ASHA’s Action Center at 1-800-496-2071; or accessing the documents online at <http://caa.asha.org/>

Dr. Julia Edgar was invited to speak to Phi Beta Lambda (Future Business Leaders of America) on *Glottal Fry: What it is, what are the drawbacks? and how to avoid using it*, February 13.



Ms. Andrea Richards and Dr. Lisa Goran accompanied 33 graduate students to Missouri Speech-Language-Hearing Association (MSHA) Legislative Day and Truman Capitol Day, February 21, in Jefferson City. MSHA provides information to members and students concerning legislation and regulatory issues that affect the speech-language pathology and audiology field. Students and faculty had opportunities to meet with legislators.

Communication Disorders Association (CoDA) hosted a book reading by author Jamie Graham, February 21, in the Student Union Building. Mr. Graham is an adult in the Kirksville community who draws cartoons and writes children’s books.



## Education



Four English MAE faculty and students, Dr. Rebecca Dierking, Dr. Summer Pennell, Dani Eschweiler, and Beth Berendzen, presented separately at the 21<sup>st</sup> Annual Women and Gender Studies Conference, January 26, in Truman's Black Box Theatre. The conference focused on topics such as women in the media, gender in nature and food, rape culture, LGBTQ+ representations and experiences, and gender and literature. Dierking's presentation, *A Tale of Two Circulars: Gendered Alcohol Pamphlets*, looked at the uneven messages being disseminated through targeted gendered brochures related to alcohol information. Dr. Pennell presented with Dr. Sara Day from the Truman English Department, *#PLLQueerTheory: Fans' Reactions to Queer Representations in "Pretty Little Liars"*, wherein they examined fans' creation and use of social media to communicate with the TV show's writers and producers. Beth Berendzen and Dani Eschweiler's presentation, *Female: How Language Perpetuates Rape Culture*, discussed their senior capstone work, looking at how use of "female" in Twitter posts largely is used as a pejorative or to diminish. Pictured above left, left to right: Dr. Rebecca Dierking, Dani Eschweiler, and Dr. Summer Pennell.

From the end of January to the middle of February, MAE elementary preservice teachers facilitated a science club for identified kindergarten and first-grade students. The club explored the concept of change and how it impacts the natural world. As part of this experience, the students learned what it means to be a scientist and practiced their own scientific skills by asking questions and recording observations in journals. They engaged in hands-on activities to learn both what plants and animals need to survive and how change is involved throughout their lives. The students discussed life cycles, the difference between needs and wants, the functions of animals' appendages, and related topics over the course of three weeks. To explore how animals differ as well as how these differences help them to survive, they examined various furs, skulls, scat, and tracks from the Missouri Department of Conservation. The Truman Herpetology Lab brought a salamander, bearded dragon, python, and king snake as part of an interactive learning experience. Science club was thought-provoking and rewarding for both the students and preservice teachers.

*~ Written by Mackenzie Perron*





## Managing Student Behavior

LISA GORAN, PH.D., CCC-SLP

SCEC Conference  
University of Missouri  
January 28, 2017



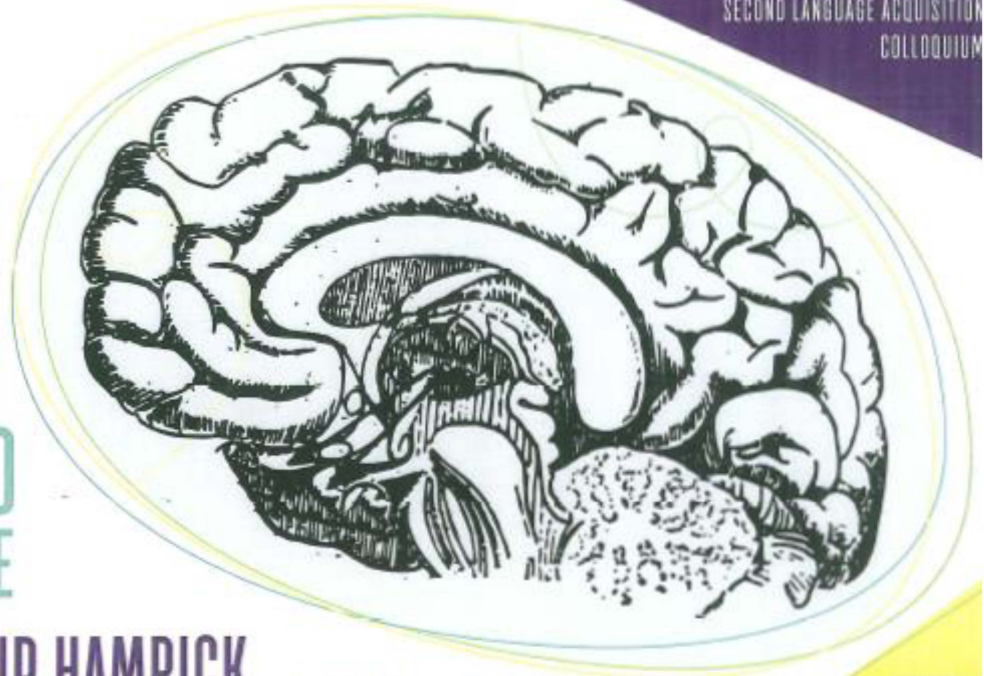
Dr. Lisa Goran was invited to present at the 9th Annual Student Council for Exceptional Children conference, January 28, at the University of Missouri campus, in Columbia. The conference focused on "evidence-based information that teachers can use on Monday," and drew attendees from across the state. Dr. Goran presented on behavioral information and strategies.



Eight Secondary English MAE students and Dr. Barbara Price attended the annual Write to Learn conference, February 16-18, in Osage Beach. Pictured above left at the keynote address by poet Nikki Giovanni: (seated) Janae Fritze, Katie Bailey, Julianne Dworak, Megan Dice, Lauren Ragsdale, Rachel Davis, and Lydia Whitacre; (standing and above right) Jessica Wilke and Barbara Price. Jessica Wilke was Truman's recipient of the Robert J. Greef Award, which is presented annually by the Missouri Council of Teachers of English at the Write to Learn conference. The award is named in honor of a former MCTE president, Robert Greef, who was an outstanding teacher at the University of Central Missouri, and recognizes one student from each English Education program. Criteria for the award include academic excellence in the field of English education, leadership, character, and participation in university activities. Jessica completed her internship in the Hazelwood district in Fall 2016. While at Truman, she has been active in Upward Bound and has achieved numerous academic honors. She hopes to teach middle school language arts or high school English in an urban/low-income district in the greater St. Louis area.

TRUMAN STATE UNIVERSITY'S  
SECOND LANGUAGE ACQUISITION  
COLLOQUIUM

HOW  
MEMORY  
CAN (AND CAN'T)  
HELP YOU  
LEARN  
A SECOND  
LANGUAGE



**DR. PHILLIP HAMRICK**  
KENT STATE UNIVERSITY

Dr. Hamrick is the principal investigator of the Language and Cognition Research Laboratory at Kent State University

MONDAY  
MARCH 6 2017 AT 7 P.M.  
DEL AND NORMA ROBISON PLANETARIUM

SPONSORED BY  
Classical & Modern Language  
English & Linguistics and Education  
With the assistance of LinguaPro!



## Health and Exercise Sciences

Sophomore Exercise Science students Taylor Burlis, Heather Hughes, and Caleb Bishoff had their research accepted to present at the American College of Sports Medicine, in May, in Denver, Colorado. Taylor and Heather will report on *The Relationship of Fat-Free Mass and Fat Mass to Body Weight in College Female Athletes*. Caleb will present his work on *Squat Jump Performance Is Not Related to Bilateral Asymmetry or Training State in College-aged Men*.



The athletic training education program took 16 students to the Missouri Athletic Trainers' Association 5<sup>th</sup> annual Educator's and Athletic Training Student Leadership Conference, February 4, in Fayette. Students attended educational sessions about osteopathic manipulative medicine, kinesiotaping and enhancing the transition to practice. Pictured above left: Brock Wright and Brendan Boyle practicing kinesiotaping techniques and above right: the Truman athletic training students preparing to perform kinesiotaping.



Health 255 Introduction to Community and Public Health students have been tabling, advocating for safe and sober driving. They have been working tables in Magruder Hall, the SUB, and McClain Hall promoting the CHEERS program, a state-wide program giving free drinks to designated drivers, and *Drive Safe: Drive Smart*. The students started the project in late January and will continue into March. They are making a difference in their community not only by promoting and reminding everyone to drive safe and responsibly, but also by providing everyday necessities like hand sanitizer, tissues, and highlighters to all who stop by the table. One of the students in the class summed up his experience by stating, "It seemed like an inconvenience at first taking time out of my day to sit at this table but after I was finished I was extremely glad I participated. I got to make a difference in my fellow student's lives."



## TruLifesaver Basic Life Support - American Heart Association

Upcoming Session Dates:

- Sunday, April 2, 1-6 pm
- Tuesday, April 11, 5-10 pm
- Wednesday, April 19, 5:30-10 pm
- Thursday, April 20, 5-10 pm
- Monday, April 24, 5-10 pm

All Sessions are held in Health Science CPR Lab 1206

Instructors: Liz Jorn and Jana Arabas

Cost: \$60.00 - includes instruction, materials, and two year certification with the AHA

To Register: [institute.truman.edu/trulifesaver](http://institute.truman.edu/trulifesaver)

Questions: e-mail [institute@truman.edu](mailto:institute@truman.edu) or call 660.785.5384

### Nursing

In February 2017 nursing students enrolled in NU 375 Maternal/Neonatal Nursing participated in an interprofessional birth simulation at the Drabing Human Patient Simulation Center on the ATSU campus. The main objective of the experience was to foster improved interprofessional communication between medical and nursing students. The simulation was coordinated by NU 375 instructor Brenda Austin MSN, RN and Lisa Archer BSN, RN, the director of Simulation & Performance Assessment at ATSU. Students participated in several different birth scenarios, assisted in examination of the mother before and after delivery, and provided care to the neonate after birth. Interprofessional activities like these are ongoing for Truman and ATSU. Truman nursing plans to be involved in ATSU's mock disaster day in the future.





Students in Ms. Pam Melvin's Rural Public Health nursing course assisted the Schuyler County Health Department to provide a *Heart Healthy* screening for the Tri County Electric employees on February 14. Student nurses were able to assist with blood pressure checks, height / weight / BMI assessments, and draw blood for cholesterol and blood glucose screens. Students also provided education about heart healthy lifestyle choices to lower the risk of heart disease. Pictured left to right are Truman senior nursing students with Schuyler Co. Health Department staff: Joan Brundage RN, Kaleigh Wagoner ('17), Kathryn Magers RN, Sandra Dostalick ('17), and Larissa Gunter ('17).

Approximately 20 Missouri high school students visited campus February 20 as part of the Area Health Education Center (AHEC) Career Enhancement Scholars (ACES) program to learn about opportunities in the health field. The students were introduced to health care careers including nursing, medicine, dentistry, speech therapy, athletic training, and health science at Truman and ATSU. Pamela Melvin, Nursing Simulation Center Coordinator, and senior nursing students discussed the nursing profession and worked with the students to conduct health assessments on the manikins in the Nursing Simulation Center.



Kayleigh Wagoner (BSN '17) assists a student to take Mrs. Payne's blood pressure.



Shelby Partridge (ABSN, '17) assists ACES students to assess the manikin's heart and lung sounds.



Over the last few months, the Department of Nursing has received several new pieces of equipment to enhance nursing students' education in the Nursing Simulation Center.



The Lifeform Airway Management Trainer is used by students in the critical care course. It simulates non-anesthetized patients for practicing intubation, ventilation, and suction techniques.



The Nasco Intraosseous Infusion Simulator is used for students in the nursing critical care course to practice initiating medication treatment through the bone.



6 IV training arms were purchased to provide nursing students with more opportunities to practice their IV skills. Pictured is a sample of what was received. From L to R: Simulaids Geriatric IV training arm, LifeForm Advanced Injection Arm, and Laerdal Female Multivenous IV training arm.



The Hill Rom Advance Bed with scale enables nursing students to practice weighing non-ambulatory patients in the bed.

The Nursing Student Association and nursing classes will host activities Monday, March 28, during a Health Awareness Week Fair. This year's theme is "Think Safe, Drive Safe." There will be booths addressing topics pertinent to safe driving, including alcohol and driving, texting and driving, sleep deprivation and driving, aggressive driving and vehicle emergency kits, from 12:00 p.m. – 4:00 p.m., in the Alumni Room. The rural public health students will conduct free HIV/STI testing in the Georgian Rooms, and students in the mental health class will have poster presentations in the Alumni Room. Two Health Awareness speakers from the ThinkFirst Missouri Program in Columbia will discuss their personal experiences. Penny Anderson was involved in a car accident at age 17. As an unbuckled passenger, she sustained a spinal cord injury resulting in paralysis from the waist down. Chad Burton fell asleep at the wheel and was in a head-on collision with a drunk driver. He suffered a traumatic brain injury that resulted in partial paralysis. These two presentations will be from 7:00 p.m. – 8:30 p.m., in the Activities Room.

### *Calendar of Selected Upcoming Events*

March 3, Friday: SHSE Mission Award nominations due at noon

March 8, Wednesday: First Block Classes End

March 9, Thursday: Second Block Classes Begin

March 13 – 17, Monday – Friday: Spring Break

March 21, Tuesday: Summer 2017 class registration begins

March 25, Saturday: Admissions Saturday Showcase Event

April 1, Saturday: The Big Event

April 3, Monday: Lyceum Saint Louis Brass, 7:30 p.m., Ophelia Parrish Performance Hall

**April 4, Tuesday: SHSE Mini-Research Conference, 3:30 p.m., VH 1010**

April 8, Saturday: Board of Governors Meeting

April 17, Monday: Term Break Day

April 20, Thursday: Student Research Conference

April 21, Friday: Children's Literature Festival

April 28, Friday: Language and Literacy Conference with Hannah Schneewind

April 29, Saturday: Admissions Saturday Showcase Event

May 5, Friday: Last Day of Classes

May 8, Monday: First Day of Finals

May 10, Wednesday: Reading Day

May 12, Friday: Last Day of Finals

May 13, Saturday: Commencement (3 ceremonies), Pershing Arena

- 9:00 a.m.: Bachelor of Arts, Bachelor of Fine Arts, Bachelor of Music
- 1:00 p.m.: Bachelor of Science (accounting, agriculture, athletic training, chemistry, computer science, exercise science, health science, justice systems, linguistics), Master of Arts, Master of Arts in Education, Master of Science
- 4:00 p.m.: Bachelor of Science in Nursing, Bachelor of Science (biology, business administration, communication disorders, economics, history, interdisciplinary studies, mathematics, physics, political science, psychology, sociology, anthropology)

May 13, Saturday: Interim Begins

May 27, Saturday: Interim Ends

May 29, Monday: Memorial Day, University Closed

May 30, Tuesday: First Five Week & Ten Week Classes Begin



June 1, Thursday: Incoming Freshman Summer Orientation  
June 5, Monday: Eight Week Classes Begin  
June 5, Monday: Incoming Freshman Summer Orientation  
June 8, Thursday: Incoming Freshman Summer Orientation  
June 10, Saturday: Board of Governors Meeting  
June 13, Tuesday: Incoming Freshman Summer Orientation  
June 16, Friday: Incoming Freshman Summer Orientation  
June 19 – 23, Monday – Friday: Advanced Placement Summer Institutes for Teachers of  
French Language and Culture and Physics I  
June 21, Wednesday: Incoming Freshman Summer Orientation  
June 26, Monday: Incoming Freshman Summer Orientation  
June 30, Friday: First Five Week Classes End  
June 30, Friday: Incoming Freshman Summer Orientation

July 3, Monday: Second Five Week Classes Begin  
July 4, Tuesday: Independence Day, University Closed  
July 10 – 14, Monday – Friday: Advanced Placement Summer Institutes for Teachers of Biology and Chemistry  
July 28, Friday: Eight Week Classes End  
July 29, Saturday: Interim Begins

August 4, Friday: Second Five Week & Ten Week Classes End  
August 5, Saturday: Board of Governors Meeting  
August 12, Saturday, Interim Ends  
August 14, Monday: New Faculty Start  
August 15, Tuesday: Incoming Freshman Orientation  
August 16, Wednesday: Returning Faculty Start  
August 16, Wednesday: Freshmen Move In  
August 16 – 20, Wednesday – Sunday: Truman Transformation  
August 21, Monday: 150<sup>th</sup> Fall Semester Classes Begin

September 4, Monday: Labor Day, University Closed  
September 16, Saturday: Family Day

October 6, Friday: National Truman Spirit Day  
October 13, Friday: Board of Governors Meeting  
October 14, Saturday: Homecoming  
October 19 – 20, Thursday – Friday: Midterm Break

November 20 – 24, Thanksgiving Break

December 8, Friday: Last Day of Classes  
December 11, Monday: First Day of Finals  
December 13, Wednesday: Reading Day  
December 15, Friday: Last Day of Finals  
December 16, Saturday: Commencement


*Monthly newsletters are posted at <http://www.truman.edu/majors-programs/academic-departments/about-school-of-health-sciences-education/school-of-health-sciences-education-newsletter/>. Newsletters are posted on the first business day (or close to that) of most AY months and are intended to improve communication within and across the School, campus, and larger community. Feel free to send notes to [monad@truman.edu](mailto:monad@truman.edu) about faculty or staff accomplishments, what our students are doing, or anything else you would like to be considered for publication.*

# *Mission Statement*

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

## *Five Pillars*

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of  
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