

# FEBRUARY 2013 NEWSLETTER



## The SHSE Administrative Team

**Janet L. Gooch, Dean**  
**Paula Cochran, Chair of CMDS**  
**Darl Davis, Director of the RPDC**  
**Mona Davis, Assistant to the Dean**  
**Roberta Donahue, Chair of HES**  
**Stephanie Powelson, Chair of Nursing**  
**Paul Yoder, Chair of Education**

## Message from Janet L. Gooch, Ph.D., CCC-SLP, Dean, School of Health Sciences & Education

Unbelievably, three weeks of the semester “down”. Hopefully you have settled into a “groove” and the semester is running smoothly for most of you. If not, perhaps you feel as though you are chugging along day-by-day while counting down the five remaining weeks until spring break or the remaining 14 weeks of the semester. Perhaps some of you are breaking it down even further (e.g., 14 weeks remain of the semester, less one week for spring break, one week of finals...so only 12 weeks of classes, for Tuesday/Thursday classes that’s 2 times 12 or 24 more class periods - you get the picture). Regardless of your approach to the semester and your thinking on time, the fact remains, semesters are short. We have an undeniably brief time to engage students in class, teach them what is necessary, and assess what they learn.

I just returned from the annual meeting of the Association of American Colleges and Universities (AACU) where a variety of topics (e.g., technology, finances, high impact experiences, what students want/need, improving student success, assessment) was discussed. Many of the discussions focused on the “threats” (of which there are many) to higher education, particularly for Liberal Arts and Sciences institutions. However, while attending sessions at the AACU meeting it was some comfort to hear other universities report that they are grappling with the same issues that concern Truman. The meeting was quite informative and I was impressed with how universities were willing to share their experiences (and not just their successful experiences) to help further the conversations about higher education – the public conversation and the conversation faculty are having at their individual universities. I anticipate that during this semester (the short, 14 remaining weeks) we will be hearing more about the “threats” to higher education (performance funding formulas, state support for higher education, student demographics, and recruitment, etc.). The President’s All-University Meeting (February 18) and the University Conference (February 21) will provide an opportunity for us, as a community, to talk about some of these issues. I encourage you all to take part in these events, contribute, and take away, so that we continue to build community at Truman. Thank you for all you do.

The SHSE Dean’s Team will kick off their lunch-time lecture series for students on Monday, February 11. The lectures will begin at 12:30 p.m., in Magruder Hall, room 2001. Dr. Jeremy Houser will serve as the inaugural luncheon speaker. Dr. Houser is an Associate Professor of Anatomy at A.T. Still University and was formerly an Associate Professor of Health and Exercise Science at Truman. The Dean’s Team promises a riveting lecture while students relax and enjoy their lunch. Students should bring their own lunch to the lectures.



## *News from the School of Health Sciences and Education Departments*

### *Communication Disorders*

Hearing screenings will be available to any employee on the University campus Friday, February 1 and Friday, February 8, in the Speech and Hearing Clinic, Health Sciences Building 2233. Truman employees should sign up for the hearing screenings via TruView.

Ms. Trisha Hanson represented the CMDS Department at the SLP Stakeholders meeting Friday, January 25, in Jefferson City. SLP Stakeholders include the State Board of the Healing Arts, Department of Elementary and Secondary Education (DESE), Missouri Speech-Language-Hearing Association (MSHA), Missouri School Board Association, Missouri Council for Administrators of Special Education, eight higher education institutions that have SLP/CMDS training programs, and the Columbia Public Schools. They have been meeting since summer 2010 to discuss revision of recommendations for Speech-Language Pathology Assistants (SLP-A). In order to qualify as a SLP-A, individuals would have to take courses in CMDS/SLP at one of the higher education institutions offering the SLP-A program.

Dr. Judy Johnson served as a judge at the A.T. Still University (ATSU) inaugural Interprofessional Education Collaborative Case Competition (IPE-CCC), December 1. Seven teams of students representing nine programs from ATSU's Arizona and Missouri campuses and Arizona's Grand Canyon University (GCU) nursing program participated. Each team presented an analysis of a hypothetical case to judges on both ATSU campuses via interactive technology. The case was developed by faculty contributors from ATSU, GCU, and Truman. Dr. Johnson, with her expertise in traumatic brain injury, was one of the authors for the hypothetical case. ATSU and Truman collaborate in the practice of interprofessional education where students are learning with, from, and about students of other health disciplines to aid in developing the concept of being part of a transdisciplinary health care team. The competition provides an invaluable opportunity for students to learn the basics of collaborative care. Speech/language pathology and audiology students at Truman who are involved in IPE will be encouraged to demonstrate their training by participating in this new competition.

### *Education*

Dr. James Guffey, our good colleague from the Mathematics and Computer Science Department, recently received his PC 1 Initial Professional Certificate (IPC) for Mathematics, grades 9-12. Dr. Guffey consulted with Dr. Laura Nickelson, Director of Field Experiences and Ms. Sheila Berkowitz, Certification/Advising, to complete the certification process. The certificate of license to teach through the doctoral route requires that individuals with a doctorate degree in a content area (such as mathematics or English) may be issued an initial certificate by passing a pedagogy test, Praxis test #0624 Principles of Learning and Teaching 7-12. Dr. Guffey expressed appreciation to Dr. Nickelson and Ms. Berkowitz for their assistance in helping him to obtain this credential. Congratulations, Dr. Guffey.

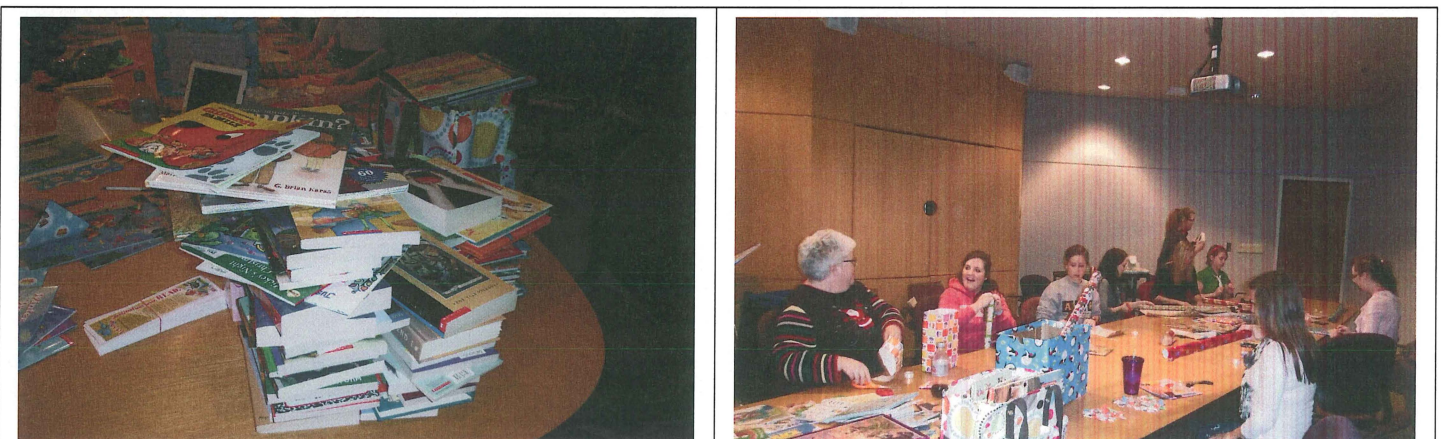




Dr. Paul Yoder was elected by the assembly of the 39 Missouri teacher preparation institutions to serve as the higher education representative on the Missouri Advisory Council of Certification for Educators (MACCE). The Council is charged with: (1) Making recommendations for the criteria and procedures whereby the quality and effectiveness of teacher and school administrator education programs within the state shall be evaluated; (2) Making recommendations for the requirements for the certification of public school teachers and administrators; (3) Making recommendations for the standards for renewal of certificates for public school teachers and administrators using academic course work, as well as other types of professional development; (4) Making recommendations concerning rules and regulations with respect to suspension and revocation of certificates of license to teach; (5) Requesting and receiving reports from committees consisting of representatives from various professional groups, qualified in respective curriculum areas and other specialized areas, to assist in the formulation of recommendations of the advisory committee to the commissioner of education with respect to certification of public school teachers and administrators; (6) Making recommendations for limiting the issuance of temporary certificates that are granted to those who do not meet the full requirements for certification.

The Education Department has achieved approval by DESE to offer the Reading Specialist certification. The program will provide a foundation in education as it relates to literacy acquisition and concentrated preparation in assessment and intervention in reading and will provide clinical experiences in working with children and adolescents.

The Master of Arts in Education admitted 41 students during the 2012 fall semester as follows: art – 2; biology – 2; chemistry – 2; elementary – 19; English – 8; history – 6; music – 2. Counseling admitted 2.



Truman's chapter of the International Reading Association (IRA) is a group dedicated to promoting literacy in children and young adults. This year the members organized a holiday book drive to benefit local children and young adults in foster care in Adair County. Pictured above left are some of the more than 300 books that were collected. IRA members and sponsor Dr. Donna Rhinesmith are pictured above right holiday gift wrapping the books. Dr. Bev Perrachione is also an IRA sponsor.

Dr. Rebecca Dierkings's ENG 608 Management of Instruction students are working with the classroom teacher, Mr. Josh Baughman, at Preferred Family Healthcare (PFH) for a field component. Dr. Laura Nickelson, Director of Field Experiences, met with Ms. Andrea Kincanon, the PFH Adolescent Program Director, prior to the winter break to coordinate placements for the eight pre-service teacher candidates in Dr. Dierking's class. In early January, Dr. Nickelson and Dr. Dierking met with Mr. Baughman to finalize details and expectations for the experience. Dr. Dierking and Dr. Nickelson conducted an orientation for the ENG 608 students on January 17, during which time they toured the facility, met the classroom teacher, saw the classroom space, and asked preliminary questions before they began their field component the week of January 21. The adolescent program at PFH houses a classroom for approximately 20-25 students aged 12-18. These individuals are dealing with many, varied issues, including substance use, mental health, school-related



problems, family concerns, etc. This placement gives MAE teacher candidates a unique clinical experience working with a diverse student population. While all of the pre-service teachers participating in this clinical piece are secondary English graduate students, they will assist with all content areas and look at the content literacy piece of the Common Core to assist in their preparation. Pre-service teacher candidates currently working in the PFH classroom on Tuesday, Wednesday, and Thursday mornings are Ms. Emily Daniels, Mr. Barrett Burford, Ms. Katherine Toomey, Mr. Brandon Whitmore, Ms. Emily Gannon, Ms. Sarah Garcia, Mr. Brandon Carter, and Ms. Fallon Howe. Students are broken into two class periods each day from 8:00 - 10:00 a.m., and another from 10:00 - 12:00 p.m. Classes are separated by the most part by gender, with instruction at all levels and content areas in the same classroom. This offers pre-service teacher candidates an opportunity to explore ways to differentiate instruction, make interdisciplinary connections, and collaborate to assist the population with being successful academically and bridge the gap of their absence from their home school while completing treatment. Dr. Nickelson's ED 625 Human Relations in Education course did extensive work with this population during the May interim 2012 term. Dr. Nickelson also completed her dissertation research during that time on pre-service teachers' perceived preparedness to work with diverse student populations. The course will continue to include the clinical experience during May interim 2013 and Dr. Nickelson will continue to collect data on this important teacher preparation issue.

Department of Defense Dependents Schools (DoDDS) spring interns are: Ms. Kristel Bylo and Ms. Carly Brotelmarkle, Elementary, at Bamberg, Germany Elementary; Ms. Jennifer True, Secondary English; and Mr. Andrew Chandler, Secondary Social Studies, at Bamberg, Germany Middle/High School.

Pictured is Mr. Andrew Chandler, Secondary Social Studies, outside his classroom at Bamberg Middle/High School.



MAE alumnus Mr. Matt Carlson, fifth grade teacher at Line Creek Elementary in the Park Hill School District, Kansas City, MO, was a guest speaker in Education Department classes, Monday, January 28.

### **Health and Exercise Sciences**

Students in fall 2012 HLTH 440 Program Implementation and Evaluation, taught by Dr. Janice Clark, presented their capstone projects on November 29. The intent of this first-ever showcase was to highlight the quality of work and service students provided during the semester to the campus, community, and/or state. The students each performed a minimum of 30 service-hours on their project. The presentations, presenters, and hours of service included:

**NEMO Heart Health's Heart & Sole Walk: Hannah Williams (32 hours) and Olivia Schornheuser (32 hours).** The purpose was to plan, implement and evaluate the NEMO Heart Health's Heart & Sole Walk on September 14. The mission of NEMO Heart Health is to place AEDs around the community, offer heart-safe activities, and educate the community about nutrition, stress reduction, and promotion of a heart-healthy life. The Heart & Sole Walk emphasized lifelong family health. The total amount of money raised for the Heart & Sole Walk was \$3,389.66;



**NEMO Heart Health Gents & Joules Fundraising Event: Ethan Boren (32 hours), Devon Doll (31 hours), Sarah McClure (31 hours), and Ericka Roberts (35 hours).** This group assisted in the planning, advertisement, presentation, and evaluation of the NEMO Heart Health Gents & Joules fundraiser on November 3, at the Catholic Newman Center. Students create the program/brochure and PowerPoint presentations for the event on the topics of heart attack survivors, live auction items, and AED locations. They recruited over 90 students to help with banquet set-up, as greeters, servers, and with cleanup. Additionally, they supervised volunteers during cocktail hour, the silent auction, dinner, program, live auction, dance, and clean-up. Over \$44,000.00 was raised to support NEMO Heart Health's community efforts;

**City of Kirksville Weight Loss Challenge Project: Erin Foster (35 hours), Kirsten Krause (32 hours), and Anna Chebotar (30 hours).** The project goal was to improve the wellness and overall health of Kirksville and Public Works' 49 enrolled employees through weight loss. Weekly weigh-ins were held for all participants. Monthly presentations were given about health-related topics: Reading a Nutrition Label; Physical Activity; and Getting through Christmas without Weight Gain. Participants averaged 8.74 pounds of weight loss during the semester;

**Oral Health Alliance (OHA) Project: Chelsea Billeck (31 hours), Stephanie Bergt (31 hours), and Lisa Dworak (32 hours).** The purpose of this project was to create outreach materials for the target population of the Oral Health Alliance (OHA) in Northeast Missouri. The OHA is a collaborative effort of NEMO Health Council Dental Clinics, NRMC, NEMO AHEC, school districts, Head Start programs, and the six county health departments, (Adair, Clark, Knox, Lewis, Schuyler, and Scotland Counties.) Students created 300 text messages which were sent to the project participants, created a Google website for OHA, and created a FaceBook page to inform and incentivize individuals about the project;

**Public Health Department Websites: Blair Ballard (35 hours) and Cassandra Hester (30 hours).** Five new websites for the following county departments of health were developed during this project: Tri-County; Saline County; Ralls County; Carroll County; and Dent County;


**Sleep Awareness Week: Keke Luo (35 hours), Tricia Piccirillo (35 hours), and Brittney Zuniga (30 hours).** The purpose of this project was to plan, schedule, present, and evaluate campus activities for the Sleep Awareness Week during September 25-27. Sleep Awareness activities included: information tables on the quad each day with sleep facts and Sleepy Time tea bags; Sheep on the Quad; Pajama Day and Yoga on the Quad; and Sleep Facts presentation by Dr. Brenda Higgins;

**Faith Lutheran School Health Education (Grades 3-5): Andy Hill (33 hours) and Denise Dale (32 hours).** The students developed a one-semester health curriculum for a combined class of third through fifth grade students. Over the course of 10 interactive lessons, two units on integumentary system and oral hygiene were covered, along with one lesson on bicycle safety;

**International Student Health and Wellness: Luna Ocegüera (32 hours), Natasha Thalpa (30 hours), Ankeeta Koirala (32 hours), and Navraj Bhatt (32 hours).** The purpose of this project was to create a health promotion and wellness program for Truman international students. This project provided eight PowerPoint presentations on self-care, exercise, stress, nutrition, weather-appropriate clothing, and the United States health care system. The long-term goal was to make this information a part of orientation for future international students.




The ES 506 Advanced Sport Management class, taught by Ms. Liz Jorn, hosted a breakfast and panel discussion by local sport and recreation management professionals, Monday, January 28. Panelists included Ms. Sarah Riffer, executive director of the Adair County YMCA, Ms. Melanie Smith, Kirksville assistant city manager and Kirksville Parks and Recreation supervisor, Mr. Dan Martin, ATSU Thompson Campus Center director, and Mr. Greg Nesbitt, Truman head football coach. The panel offered advice and insight for the students on topics including resumes, cover letters, dress codes, customer service, internships, graduate schools, and the hiring process. ES 506 students will work with Kirksville Parks and Recreation to plan events for local children, including a Frisbee golf workshop/tournament, family fishing, and the Hershey's track and field meet.



## TruLifesaver

American Heart Association Basic Life Support Course



**American Heart Association®**  
*Learn and Live*

**The Basic Life Support (BLS) class is designed to help people recognize and respond to several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.**

\*Certification is good for 2 years\*

Our course includes the following for an adult, child, and infant:

- Critical concepts of high-quality CPR
- The American Heart Association Chain of Survival
- Differences between rescue techniques
- 1-Rescuer CPR and AED
- 2-Rescuer CPR and AED
- Bag-mask techniques
- Rescue breathing
- Relief of choking

Instructors:

Liz Jorn and Jana Arabas  
Truman State University  
Department of Health and Exercise Sciences

Dates and Times:

Sunday March 24: 1-6 pm  
Saturday April 6: 8 am-1 pm  
Monday, April 8: 5-10 pm  
Monday, April 15: 5-10 pm  
Tuesday, April 16: 5-10 pm  
Monday, April 22: 5-10 pm  
Thursday, April 25: 5-10 pm  
Monday, April 29: 5-10 pm

Location:

Health Science 1206 - CPR lab  
Truman State University

Cost: \$60

Cost includes all instruction, materials and two year certification with the American Heart Association

**To Register:**  
Visit [institute.truman.edu/trulifesaver.asp](http://institute.truman.edu/trulifesaver.asp) and complete the online registration form or call 660-785-5406 and register by phone. You may also e-mail us at [institute@truman.edu](mailto:institute@truman.edu). Checks must be made payable to Truman State University and are due at least 48 hours before the class meeting. Businesses interested in using purchase orders should call our office in advance. Payments can be mailed or delivered to the Truman Institute at 110 Baldwin Hall.

**The Truman Institute**  
P: 660-785-5384  
F: 660-785-7202  
[institute@truman.edu](mailto:institute@truman.edu)

During summer 2013, the TruAdventure program, sponsored by the Truman Institute, and lead by Dr. Jennifer Hurst and Ms. Cathy Monroe, will travel to Yellowstone and the Grand Tetons for a week of learning, fun, and adventure. TruAdventure is a summer excursion like no other - combining a great wilderness experience with wonderful learning and social opportunities. The seven-day program, from July 13 – July 20, will reinvigorate passion for the outdoors and sense of adventure with breathtaking sites in the Badlands, Yellowstone, and Grand Teton National Parks through hiking, wildlife observation, whitewater rafting, and horseback riding. Informational meetings will be held Tuesday, February 5, at 8:00 p.m., in Pershing 3102 and Tuesday, February 26, at 12:30 p.m., in SUB 3203. These meetings are not mandatory. Faculty and staff are welcome to participate. Participants do not have to be members of the Truman community. For more information, visit [www.institute.truman.edu/truadventure](http://www.institute.truman.edu/truadventure)

HES is excited to welcome a new colleague in August. Mr. Adam King has accepted the position of Assistant Professor of Health & Exercise Sciences. After graduating from Concordia University in Chicago, Mr. King worked for six years in fitness management in the Chicago area. He then relocated to State College, Pennsylvania to pursue a Master of Science and then a Ph.D. in Kinesiology from The Pennsylvania State University. Mr. King is a motor learning specialist. HES faculty, staff, and students are looking forward to the opportunity to work with him and Mr. King is excited about Truman's outstanding students and excellent laboratory equipment and facilities. Thank you to the search committee members Dr. Michael Bird (Chair), Dr. Teak Nelson, Dr. Carla Smith, Dr. Joe Visker, Dr. Jerry Mayhew and Ms. Tabitha Killen, for hard work and dedication to identifying and recruiting the best possible candidate.



## Nursing

The written nursing accreditation report from the onsite Commission on Collegiate Nursing Education (CCNE) evaluation visit was received during the semester break and very positive. The final report from CCNE will be available in late April. Nursing is preparing a five year report to Faculty Senate.

The Department of Nursing is moving forward with a Board of Nursing grant for an accelerated (second baccalaureate) BSN degree. Dr. Teak Nelson and Ms. Melissa Holcomb are developing two online nursing courses for Pharmacology and Life Span Development. Several students have accepted seats in the first accelerated nursing cohort, starting classes during summer 2013. The nursing admissions committee is also beginning their work on inviting students to join the freshmen class for fall 2013.

Dr. Steve Hadwiger is on sabbatical leave during spring 2013. Steve and Mrs. Kit Hadwiger are meeting with nursing students to prepare for the Philippines Study Abroad trip during summer 2013.

Dr. Stephanie Powelson is serving on a statewide committee for articulation of nursing programs, supported by the Missouri Board of Nursing and the Missouri Nurses Association. The Missouri Articulation Plan has been updated and will soon be released for public comments.

The Nursing Student Association is planning a health awareness fair on Tuesday, February 19. Watch for more information. The health fair, plus screening tests for HIV, gonorrhea, and chlamydia, is scheduled in the Student Union Building.

The senior nursing class and five nursing faculty will visit the Capitol on Wednesday, February 20, in Jefferson City, for Missouri Nurse Advocacy Day. A full day is planned with several presentations about nursing advocacy. Faculty and students will visit with their legislators.

A meeting of the Nursing Advisory Council is scheduled on Friday, March 1. The Nursing Advisory Council is composed of community members and Truman faculty/staff who provide support, advice, and feedback to the Department of Nursing.

An onsite Kaplan review course for nursing board exams (NCLEX-RN) is scheduled at Truman Saturday and Sunday, April 13-14 and Saturday and Sunday, April 20-21 for nursing students planning to graduate in academic year 2013. Additional seats are available for students from other schools who are nearing graduation.

The North Central Missouri Chapter of the American Red Cross is hosting a Red Cross Heroes banquet at the Baptist Student Union on Friday, March 22. Persons may be nominated for awards as local heroes. Contact Dr. Stephanie Powelson if you would like information about how to nominate a hero and/or attend the awards banquet. The web site address is: <http://www.redcross.org/news/event/Day-of-Heroes-Recognition-Event>

Senior Capstones for Nursing is scheduled on Thursday, May 2, from 10:00 a.m. to 4:00 p.m., at the SUB.



## **Regional Professional Development Center**

Mr. James F. Judd will assume duties as the Northeast Regional Professional Development Center (RPDC) Director, effective July 1. Mr. Judd comes to the RPDC with a long-standing dedication to improving education and supporting the school districts of Missouri. He is currently serving as Superintendent of the Fayette R-III Schools. Previously, he served as Superintendent at Lexington and Lathrop. "I know most of the superintendents in northeast Missouri, am familiar with the issues they face, and am prepared to help them meet those challenges. This is not just a job to me, but an opportunity to become part of a community I love and to work collaboratively with people I respect in improving and enhancing the educational opportunities of the students of northeast Missouri," Mr. Judd stated. In addition to his professional responsibilities, Mr. Judd has been involved in a variety of school and community activities and plans to continue his involvement in Kirksville with emphasis on support for Truman. Mr. Judd replaces Mr. Darl Davis, who has been RPDC Director since 2001. We thank Mr. Davis for his service and wish him the best for the future.

## **Calendar of Selected Upcoming Events**

February 1-2, Friday-Saturday – Women's and Gender Studies Conference  
February 9, Saturday – Board of Governors meeting  
February 14, Thursday – Global Issues Colloquium, 7:00 p.m., MG 2001  
February 18, Monday – All University Meeting, 3:00 p.m., SUB Georgian Room  
February 18, Monday – Health Awareness Week Speaker, 5:30 p.m., MG 2001  
February 19, Tuesday – Health Awareness Fair, SUB Alumni Room  
February 20, Wednesday – Biloxi Blues, Lyceum Series, 7:30 p.m., Baldwin Auditorium  
February 21, Thursday – University Conference and Faculty Research Conference  
February 27, Wednesday – Career and Graduate School Expo  
March 11-15, Monday-Friday – Midterm Break  
March 23, Saturday – Senior Showcase Visit for Accepted Students and Big Event  
March 27, Wednesday – Chamber Orchestra Kremlin, Lyceum Series, 7:30 p.m., Baldwin Auditorium  
April 1, Monday – Spring Break Day  
April 13, Saturday – Mara Liasson, Holman Family Distinguished Speaker  
April 16, Tuesday – Student Research Conference  
April 20, Saturday – Junior Showcase Visit  
April 26, Friday - Fifth Annual Language and Literature Conference featuring Dr. Susan M. Ebbers, 9:00 a.m.  
– 4:00 p.m., SUB Georgian Room  
May 3, Friday – Spring 2013 Semester Last Day of Classes  
May 11, Saturday – Spring Commencement, 2:00 p.m.

For a complete list of events on campus check out the Master Calendar, available on the Truman home page or by clicking [calendar.truman.edu](http://calendar.truman.edu). For information about off-campus events, click on the Kirksville tab in TruView or the [Kirksville Events](#) tab located on the top of the Master Calendar.