

MAY 2018 NEWSLETTER



The SHSE Administrative Team

Ms. Jeanne Harding, *Interim Dean of SHSE*
Dr. Roberta Donahue, *Chair of HES*
Dr. Lisa Goran, *Chair of Education*
Mr. James Judd, *Director of the RPDC*
Dr. Amy Teten, *Chair of CMDS*
Dr. Brenda Wheeler, *Chair of Nursing*
Ms. Mona Davis, *Assistant to the Dean/Newsletter Editor*

Message from Ms. Jeanne Harding, Interim Dean, School of Health Sciences and Education

What a whirlwind of activities, celebrations, and end of the semester events we've had in SHSE this spring!

As defined by our mission statement, the School of Health Sciences and Education at Truman State University is committed to preparing students to effectively serve as professionals and leaders in their communities and field by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research. It has been impressive to see our faculty, staff, and students modeling this mission in their efforts.

In this month's newsletter, we've captured some of the many highlights in SHSE this spring. Congratulations to Pam Melvin who received the SHSE Mission Award for her commitment to the Nursing Department. At the Service Recognition Banquet, Connie Ikerd's 45 years of outstanding service to the Communication Disorders Department was recognized. Four of our colleagues – Adam Cline, Nancy Daley-Moore, Alicia Wodika, and Rafael Tubongbanua were finalists for Educator of the Year. Please read through this month's issue to find out more about the important work being done in our school.

Best wishes for an enjoyable summer!

Presidential Sesquicentennial Celebration



Truman State University's past presidents were honored April 14, 2018, during a ceremony in Ophelia Parrish. The event was designed to recognize those who have held the position throughout the past 150 years and to celebrate their invaluable contributions in leading Truman to the sesquicentennial celebration. All 16 past presidents were either in attendance or represented. Future educator Sarah Holtmeyer (pictured right with present president Dr. Sue Thomas) represented pioneer educator and first president Joseph Baldwin. In a century and a half, the University has grown from a small normal school, dedicated solely to teacher education, into a nationally renowned institution with alumni throughout the world.



May 2018 Commencement

Commencement ceremonies for the Truman May Class of 2018 were held Saturday, May 12. Of the 1,020 candidates (as of this writing), 281 ($\approx 27\%$) are from the School of Health Sciences and Education. The Registrar's Office reports the following numbers:

The Communication Disorders (CMDS) Department has 35 candidates: 8 for Bachelor of Arts (BA), 12 for Bachelor of Science (BS), and 15 for Master of Arts (MA) in CMDS.

The Education Department anticipates 81 graduates from the Master of Arts in Education (MAE): 20 in Elementary Education, 22 in English, 7 in Exercise Science, 1 in Foreign Language, 10 in Music, 14 in History/Social Science, and 7 in Special Education.

Health and Exercise Sciences has 4 candidates for the BS in Athletic Training, 62 for the BS in Exercise Science, and 56 for the BS in Health Science, for a total of 122.

Nursing expects to graduate 43 with the BS in Nursing.

Congratulations to the following SHSE students who were honored at the annual Academic Honor Awards Assembly. The Academic Honor Awards were established to recognize the outstanding graduating student major in each discipline.

Communication Disorders

Michala Mattingly - Graduate Student
Greta Roettgen - Undergraduate Student

Education

Sarah Wilkins - Elementary Education
Makenna Farrier - Special Education
Joe Milliano - Secondary Education (Mathematics & Physics)
Michaela Hylan - K-12 Education (French)



Health and Exercise Sciences

Paige Clawson - Athletic Training
Alex Sextro - Exercise Science
Maha Mohamed - Health Science

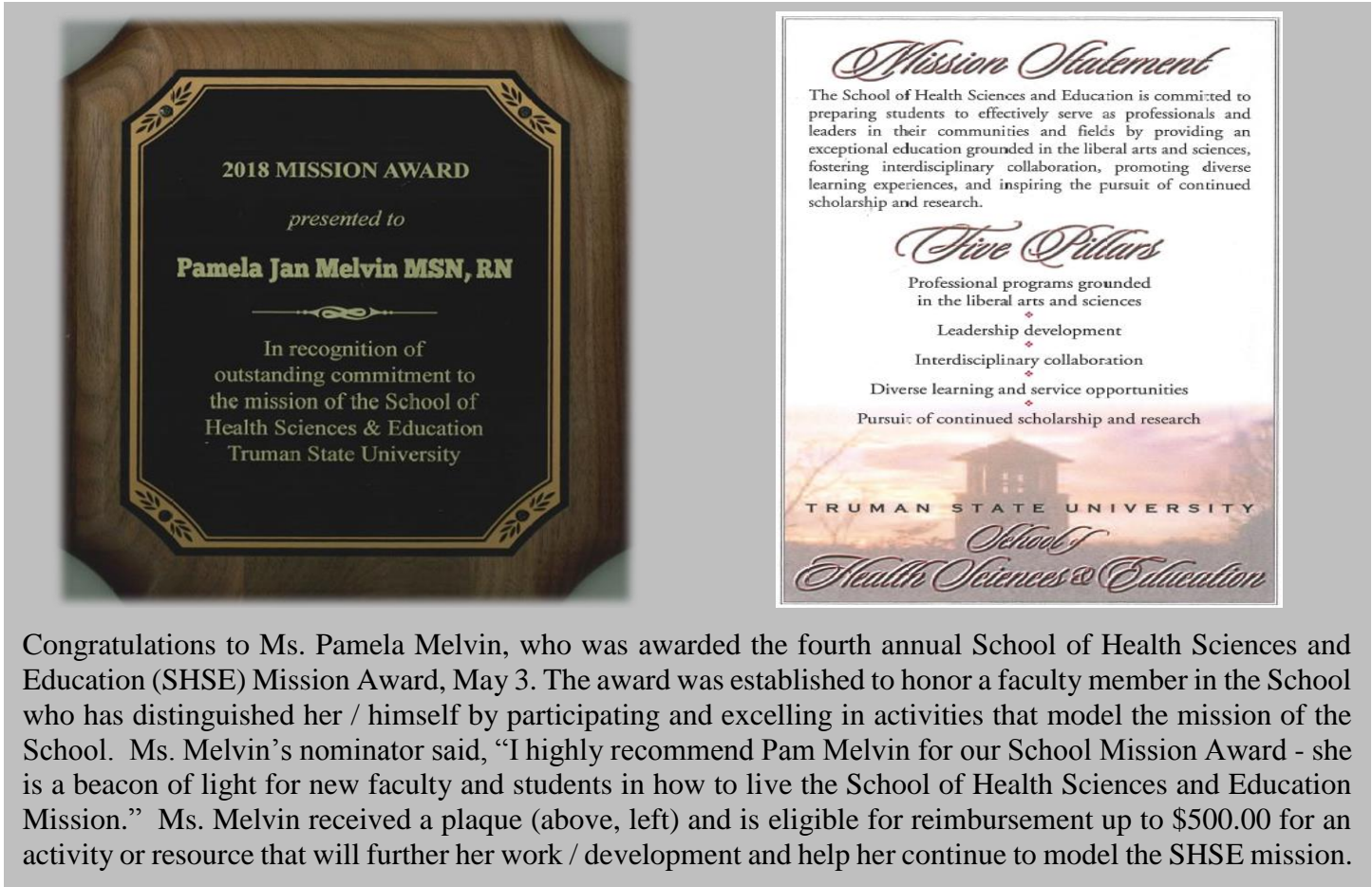
Nursing

Anne Njoku



Dr. Christina Carnahan from the University of Cincinnati and Dr. Pam Williamson from the University of North Carolina at Greensboro were the guest speakers at the Tenth Annual Language and Literacy Conference, April 27. Dr. Carnahan and Dr. Williamson are co-authors/editors of the award winning textbook, *Quality Literacy Instruction for Students with Autism Spectrum Disorders*. The event was attended by college professors and students, general education teachers, special education teachers, speech-language pathologists, and others who developed an understanding of the literacy needs of individuals with autism spectrum disorders (ASD) as the foundation for framing instruction. They shared specific strategies for engaging individuals with ASD in increasing complex text and academic content, and supporting students in applying literacy skills to their social experiences. The event was co-sponsored by the SHSE Departments of Communication Disorders and Education.

School of Health Sciences and Education Mission Award



Congratulations to Ms. Pamela Melvin, who was awarded the fourth annual School of Health Sciences and Education (SHSE) Mission Award, May 3. The award was established to honor a faculty member in the School who has distinguished her / himself by participating and excelling in activities that model the mission of the School. Ms. Melvin's nominator said, "I highly recommend Pam Melvin for our School Mission Award - she is a beacon of light for new faculty and students in how to live the School of Health Sciences and Education Mission." Ms. Melvin received a plaque (above, left) and is eligible for reimbursement up to \$500.00 for an activity or resource that will further her work / development and help her continue to model the SHSE mission.

Dogspy Awards

Several faculty from the School of Health Sciences and Education were recognized at the Student Athlete Advisory Committee second annual Dogspy Awards in honor of both the academic and athletic achievements of the 2017-18 Bulldog student athletes. Also honored were faculty members who support the athletes during competition and positively impact their lives: Ms. Liz Jorn by the baseball team; Ms. Michelle Boyd by the football team, Ms. Alison Winston by women's golf; Dr. Jerry Mayhew by the wrestling team; Ms. Liz Roddell by track and field; Ms. Jeanne Harding by the softball team; and Dr. Jennifer Hurst by swimming.

University Counseling Services will provide RESPOND training on May 16 - 17, from 12:30 p.m. - 4:30 p.m., in the SUB Alumni Room. This free, eight-hour training will empower participants to offer effective support to students or colleagues. The course provides a basic overview of symptoms often associated with mental health concerns and offers an action plan to help RESPOND effectively. The training also includes information on how to intervene when someone is experiencing a suicide crisis. Sign up at <http://eventmanager.truman.edu/generallist.asp> Contact Joe Hamilton at hamilton@truman.edu for more information.

Leadership Recognition Program Banquet



The Center for Student Involvement Leadership Recognition Program Banquet was held April 18. The Leadership Recognition Program is organized by student employees in the Center for Student Involvement and designed to recognize students, advisors, and organizations that have inspired and impacted Truman's campus. Among awards presented were: Excellence in Diversity Student Award to future educator, master of ceremonies, and program coordinator Ray Stewart; Student Excellence Award and Women of Distinction Student Award to future educator Deanna Schmidt; and E. M. Violette Outstanding Advisor of the Year Award to Dr. Alicia Wodika, HES. Dr. Wendy Miner, Education, was nominated for the Women of Distinction Faculty Award. Benjamin Smythe was recognized as a new inductee into Omicron Delta Kappa. The Student Public Health Association was named Outstanding Large Organization.

Greenwood Update

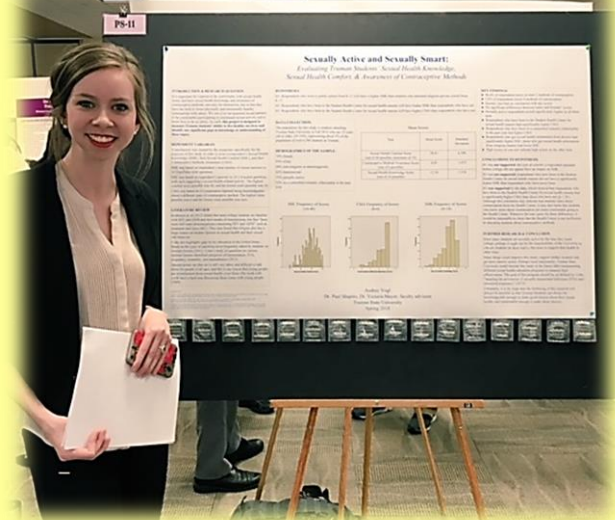
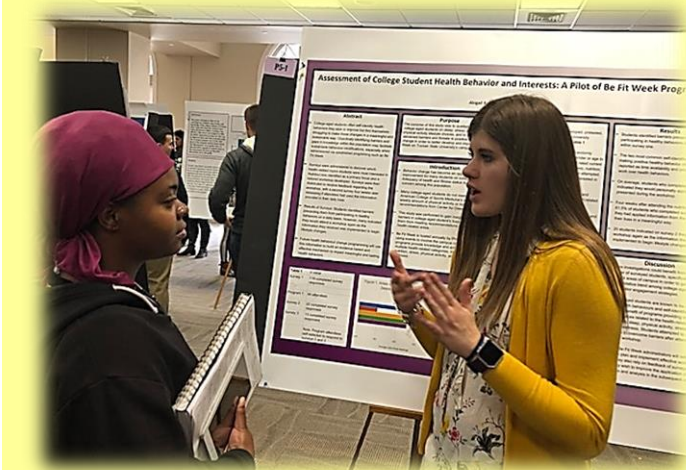
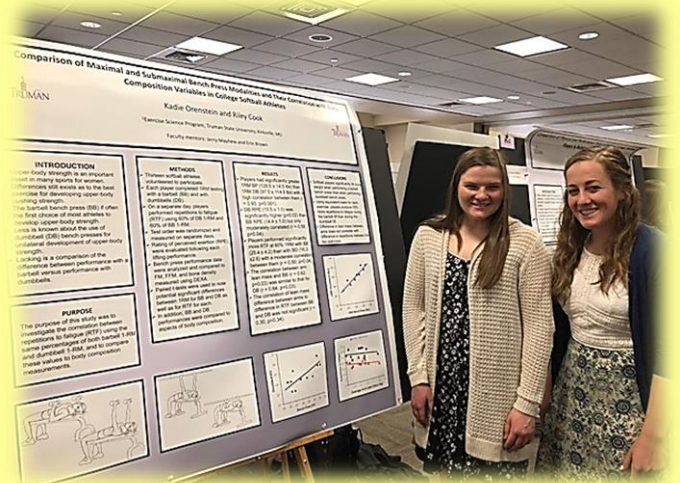
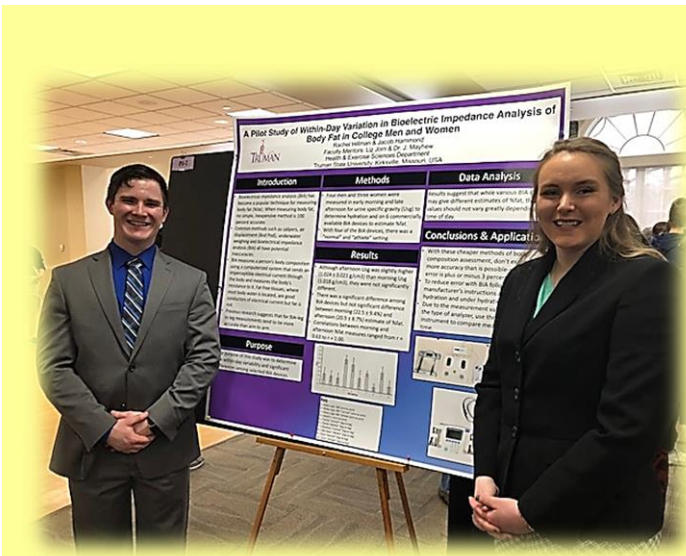


Rep. Craig Redmon announced a potential \$700,000 in additional appropriations for the future Greenwood interprofessional autism clinic, first proposed in 2015. The newest version of House Bill 2019 would need to clear the governor's desk before the session ends on May 18. This funding would enable Truman to work on the Greenwood exterior. Then-governor Jay Nixon announced \$5.5 million in state funding in June 2016, but restricted \$3 million of that a month later due to budget cuts.

Service Recognition

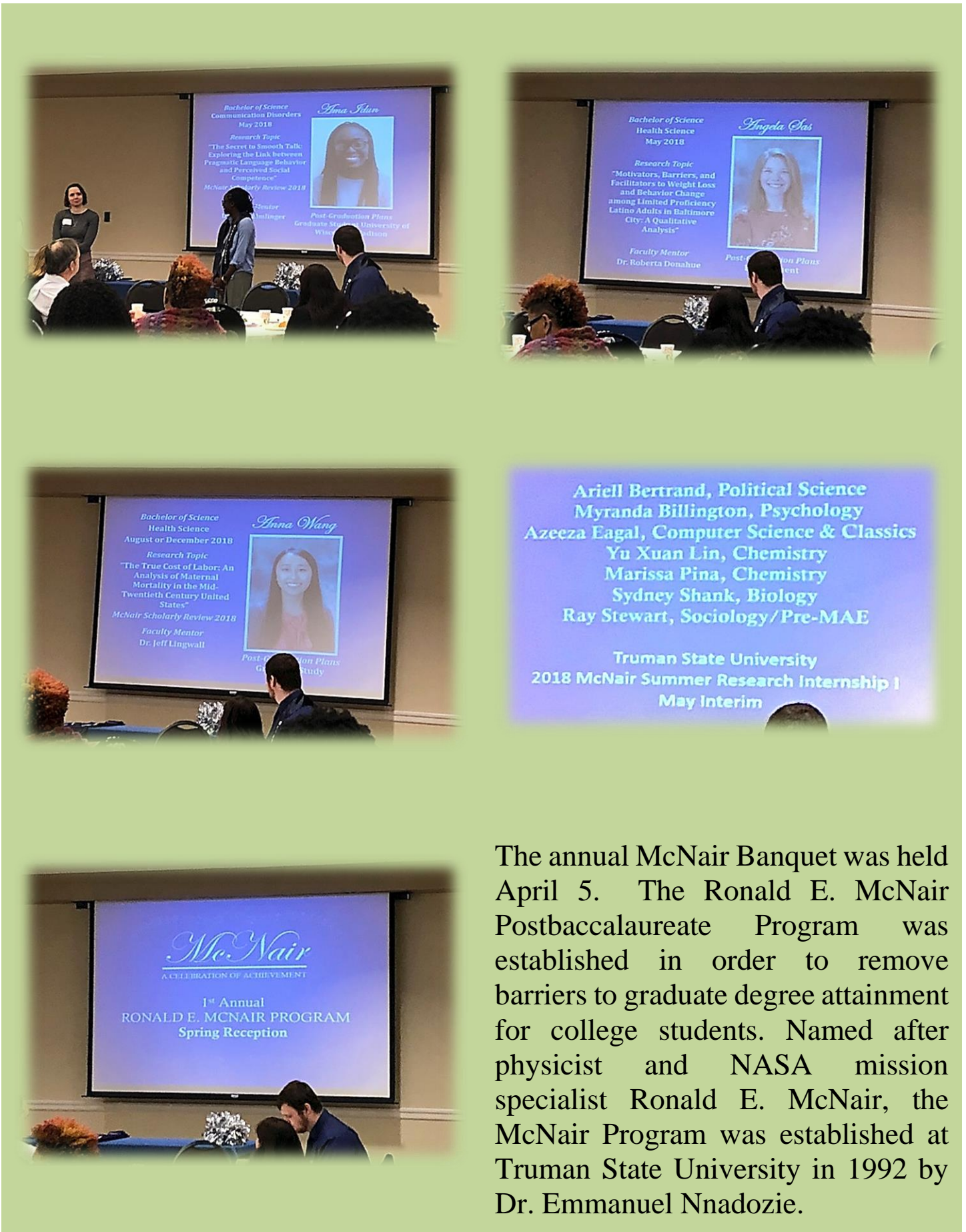
Congratulations to School of Health Sciences and Education members who were honored May 15 at the annual Service Recognition luncheon in the Georgian Room. Honorees included: Five Year: Dr. Lisa Goran, Dr. John Jones, Mr. James Judd, and Dr. Alicia Wodika; Ten Year: Ms. Patricia Hanson and Dr. Carla Smith; Fifteen Year: Dr. Julie Lochbaum; Twenty Year: Ms. Liz Jorn; Forty-five Year: Ms. Connie Ikerd; and Retirees: Mr. Dean Hansen and Dr. Jerry Mayhew.

Student Research Conference



The SHSE was well represented at this year's Student Research Conference, April 5. Some quick numbers: 243 abstracts were submitted, with 78 (32%) from the SHSE. A total of 286 students were involved, with 87 (30%) from the SHSE. A total of 111 faculty mentors were involved, with 17 (15%) from the SHSE.

McNair Banquet



The annual McNair Banquet was held April 5. The Ronald E. McNair Postbaccalaureate Program was established in order to remove barriers to graduate degree attainment for college students. Named after physicist and NASA mission specialist Ronald E. McNair, the McNair Program was established at Truman State University in 1992 by Dr. Emmanuel Nnadozie.

Educator of the Year



Each year, the Truman student body selects the Educator of the Year. The award honors outstanding faculty who have invested extraordinary effort in their students. Among nominees honored April 17 at the Academic Accolades Banquet were faculty from SHSE: Mr. Adam Cline, Dr. Nancy Daley - Moore, and Dr. Alicia Wodika from HES and Mr. Rafael Tubongbanua from Nursing.

Disability Studies Festival

The *Disability Studies Festival* was held May 2 with 31 capstone students presenting their culminating projects. This Festival is held every semester to showcase the seniors' work, orient the underclassmen to what is coming, and offer an opportunity for students interested in the minor to discover more. Projects this semester ranged from a greenhouse employment opportunity with Sheltered Workshop; exploration of disability in a Spanish language autobiography; accessible art exhibit; children's books; study of the relationship between disability law and disability advocacy; and many more. Introduction to DS 120 Disability Studies, and DS 310 Disability Studies Readings will be offered this summer for those students interested in the minor.



Communication Disorders

The Communication Disorders faculty sponsored the annual TruBash, a gathering for Truman alumni and friends, on April 6, at the Missouri Speech-Language-Hearing Association (MSHA) Convention. TruBash has been a very successful reunion event in the past. This event is a good opportunity for faculty, former students, and current students to “catch-up.” Food, snacks, beverages, and door prizes are provided.

Communication Disorders faculty from Truman presented the following poster and/or oral presentations at the MSHA 2018 Convention: *Difficult Conversations*, Dr. Lisa Goran, Dr. Ilene Elmlinger, Ms. Melissa Passe, Ms. Andrea Richards, and Dr. Janet Gooch; *Surviving Supervision: The Who, What, Why, How of Supervision Training*, Ms. Melissa Passe and Ms. Barbara Meyer, *Voice Boot Camp*, Dr. Amy Teten. Student presentations included: *Training Students Providing Literacy Education for Families Living in Poverty* by Nicole Tonkovic and Valerie Hagedorn mentored by Dr. Ilene Elmlinger; *Are Our Clients Being Heard?: The Speech Language Pathologist's Role in Serving People Who are Deaf and Hard of Hearing* by Courtney Simross (poster presentation) mentored by Ms. Sheila Garlock; *Family Stress and Support Level and Assessment of Child's Development* by Maddie Bell (technical session) mentored by Dr. Ilene Elmlinger; *Impact of Otitis Media in Childhood on Auditory Processing and Academic Success* by Jessica Rose, Lindsey Branson, and Nikki Sisson mentored by Dr. Ilene Elmlinger; *Survey of Undergraduate Transformational Experiences* by Adriana Arabas, Abigail Menke, and Kelsey Collins mentored by Dr. Ilene Elmlinger; *Effect of Voice Quality on Perception of Male Athleticism* by Sienna Pace (poster presentation) mentored by Dr. Ilene Elmlinger; *Evaluation of an Early Head Start Screening Protocol* by Leah Bell and Christine Bollinger mentored by Dr. Ilene Elmlinger; *Can Recognition of Prosodic Features Used in Speech Allow a Non-native Language User to Determine Positions of Power?* by Ke-Hsin Lu and Haley Mills mentored by Dr. Ilene Elmlinger; *The Secret to Smooth Talk: Exploring the Link Between Pragmatic Language Behavior and Social Competence* by Ama Idun mentored by Dr. Ilene Elmlinger; *Comps Alternative: Graduate Students' Reflections on Peer Presentations* by Andrea Newburry and Sara Lambeth mentored by Dr. Amy Teten; *Personality Traits of College Students Relating to Glottal Fry* by Cassidy Stoner and Erynn Skoglund mentored by Dr. Amy Teten; *Vocal Cord Dysfunction Among Collegiate Athletes* by Kylie Albrecht and Grayson Nickolaison mentored by Dr. Amy Teten; *Influence of Prosodic Features of Questions on Students' Likelihood to Participate in Class* by Emily Hathhorn (poster presentation) mentored by Dr. Ilene Elmlinger. Outstanding posters and technical sessions received certificates from MSHA as well as cash prizes of \$100.00. Honorable mentions received a certificate of recognition from MSHA. Outstanding Undergraduate Poster *Vocal Cord Dysfunction Among Collegiate Athletes* by Kylie Albrecht and Grayson Nickolaison mentored by Dr. Amy Teten; Outstanding Undergraduate Technical Session *Family Stress and Support Level and Assessment of Child's Development* by Maddie Bell mentored by Dr. Ilene Elmlinger; Outstanding Honorable Mention Technical Sessions *Survey of Undergraduate Transformational Experiences* by Adriana Arabas, Abigail Menke and Kelsey Collins mentored by Dr. Ilene Elmlinger; *Training Students Providing Literacy Education for Families Living in Poverty* by Nicole Tonkovic and Valerie Hagedorn mentored by Dr. Ilene Elmlinger.

Dr. Amy Teten and Ms. Melissa Passe attended the annual meeting of the Council for Academic Programs in Communication Sciences and Disorders, April 11 – 14, in Austin, Texas.

Four Truman CMDS graduate students (Sarah Ostermiller, Kaitlyn VanderMaiden, Mary Kabbaz, & Jana Breedlove), along with Madison Saunders from University of Central Missouri, joined members of the NSDA-sponsored St. Louis Support Group for spasmodic dysphonia (SD), April 21. This information session let the patients be the teachers as they shared their experiences with the diagnostic process, and how their voice disorder affected working, working relationships, and family relationships. The persons with SD enjoyed talking with the students and the students appreciated hearing this broad perspective of the disorder in a non-clinical setting.

Ms. Andrea Richards will accompany nine CMDS students (one undergraduate and eight graduate students) to Puerto Vallarta, Mexico, May 20 - May 27. Participants in the CMDS Study Abroad Program (Communication Disorders Experience in Mexico) will provide consultation, screening, and speech-language enrichment at the Refugio Infantil orphanage/school and the Pastitos de Luz, a day care center serving children with disabilities. Individuals who would like to make a donation of small toys, games, or books should contact Ms. Andrea Richards, arich@truman.edu



The Communication Disorders Department held its annual Graduating Student/Awards Ceremony and Luncheon, May 4. During this ceremony, students were recognized for their outstanding achievements and community individuals who have assisted the Communication Disorders Department and Speech and Hearing Clinic were recognized. Congratulatory wishes are extended to all students (both undergraduate and graduate) who are graduating. Michala Lynn Mattingly Outstanding Graduate Student in Communication Disorders; Greta Johanna Roettgen Outstanding Undergraduate Student in Communication Disorders; Ama Idun Outstanding Undergraduate Clinician; Courtney Lynn Simross Outstanding Graduate Clinician; Valerie Michelle Hagedorn William F. Hall Honorary Scholarship; Thea Sue Cornwell James W. Sparks Memorial Scholarship; Adrian Marie Mehrer Aileen Hall Shoaff/Regina Davison Scholarship; Margo Liberty Krause M. Barbara Kline Humanitarian Award; Michelle Petrina Goedeker Truman's Nominee for MSHA Outstanding Graduate Student (2018); Sarah Rose Lowden Dr. Cornelis Koutstaal International Study Abroad Award; Grace Ellen Cambra Holman Family Study Abroad; Abby Taylor Edwards Holman Family Study Abroad; Shannon Marie Fogarty Holman Family Study Abroad; Morgan Johanna Meyer Holman Family Study Abroad; Jillian Jo Pulis Holman Family Study Abroad; Richae Tipton Holman Family Study Abroad; Josie Emily White Holman Family Study Abroad; Leah Christina Bell Communication Disorders Department Honors (May, 2018); Emily Jeanine Hathhorn Communication Disorders Department Honors (May, 2018); Greta Johanna Roettgen Communication Disorders Department Honors (May, 2018); Jessica Ann Rose Communication Disorders Department Honors (May, 2018); Nicole LaRue Sisson Communication Disorders Department Honors (May, 2018); Jana Michelle Breedlove Positive Behavior Support Student Award; Morgan Brittany Keller Positive Behavior Support Student Award; Kersten Dianne King Positive Behavior Support Student Award; Megan Christine Lenhard Positive Behavior Support Student Award; Morgan Johanna Meyer Positive Behavior Support Student Award; Samantha Nichole Overall Positive Behavior Support Student Award; Kalyani Shrirang Pande Positive Behavior Support Student Award; Jillian Jo Pulis Positive Behavior Support Student Award; Loring Marie Shelburg Positive Behavior Support Student Award; Grey Tucker Positive Behavior Support Student Award; and Mikaela Rae Vanderwiel Ledford Positive Behavior Support Student Award. December 2018 graduates made a special surprise award to Connie Ikerd.



CMDS Hooding was held May 12 in the Student Union Building.

Education



Twenty-three secondary English Masters of Arts in Education (MAE) students presented their research at the Student Research Conference. Students complete original research during their student teaching internships across Missouri, mentored by English MAE faculty Dr. Barbara Price, Dr. Rebecca Dierking, and Dr. Summer Pennell. This year's topics included visual literacy, social justice, digital literacy, incorporating nonfiction, and working to change student mindsets. Pictured above are the presenters with this fall's interns.

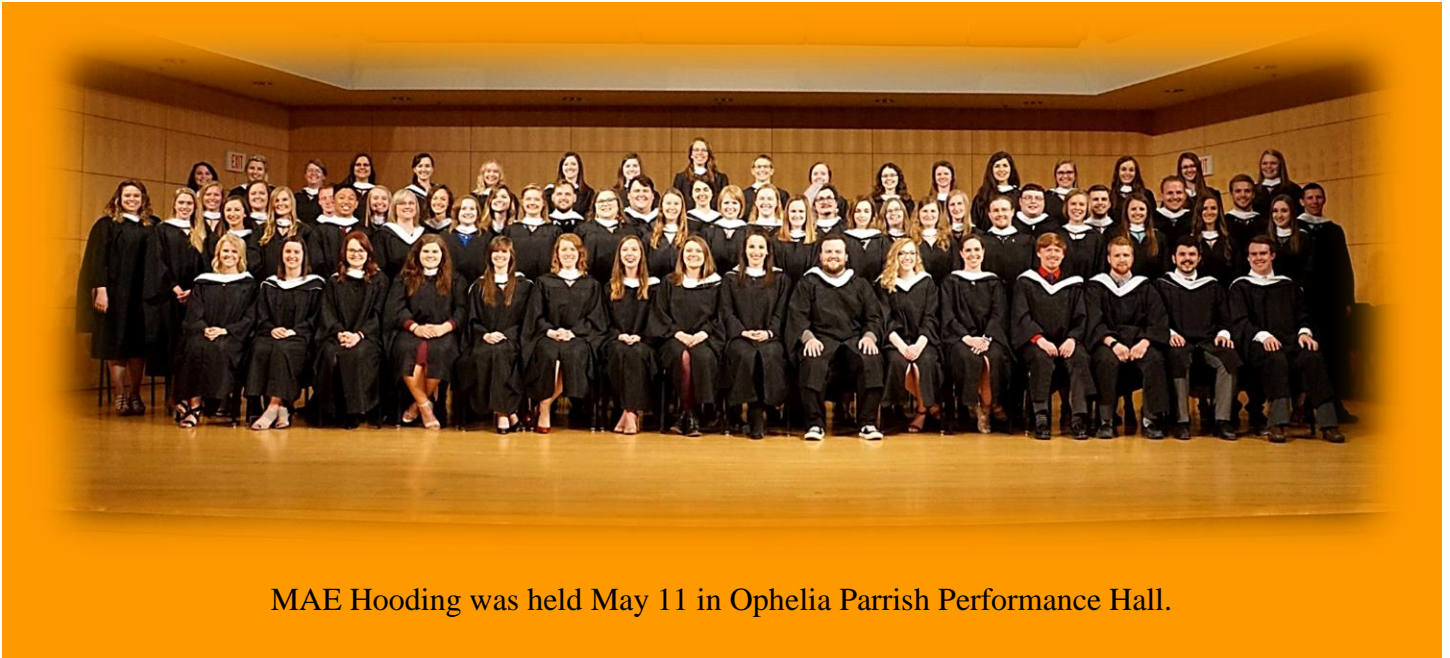
Congratulations MAE Class of 2018



"I always want to be the teacher who motivates students to work diligently and passionately on expanding their education."

2008 MAE alumnus and 2017 Miliken Educator Award winner Mr. Jordan McGaughey was the featured speaker at the MAE hooding ceremony May 11, in Ophelia Parrish Performance Hall. Jordan has been a social studies teacher at Seckman High School in the Fox C-6 school district since graduation. The Education Department anticipates 81 May and 10 August graduates from the MAE.

MAE Hooding



MAE Hooding was held May 11 in Ophelia Parrish Performance Hall.

MAE Research Day

Master of Arts in Education students, staff, and faculty celebrated scholarship at the MAE Research Day, May 3. During their teaching internships, students applied research methodologies to design, collect and analyze data, and writing up their findings. They came together to present those findings upon completion of their action research projects.



Fall Internship Orientation



#42yearswithJerry

A lot has
happened in
the last 42
years!



We've changed logos...



and names...

This University went
from Northeast
Missouri State
College to Northeast
Missouri State
University

Then became
Missouri's only
statewide public
liberal arts and
sciences
university

And
Eventually
became
Truman State
University

Jerry Mayhew

HAS BEEN HERE THROUGH IT
ALL!

Congratulations and Best Wishes, Jerry!



Dr. Roberta Donahue has capably, faithfully, and selflessly served the Truman School of Health Sciences and Education Department of Health and Exercise Sciences as Chair for the past 6 years. She has made the decision to step back into her faculty role at the end of May. Dr. Michael Bird has been elected and appointed HES Chair effective May 21, 2018. Thank you and congratulations to both.



Dr. Evonne Bird has been named an Academic Professional Development Committee Faculty Fellow for the 2018 – 2019 academic year in the area of supporting student mental health.



Dr. Alicia Wodika was a finalist for Educator of the Year. She is pictured, left, with one of her nominators, Amber Mathai and right, with another nominator, Allison Griffiths. Dr. Nancy Daley-Moore and Mr. Adam Cline were also finalists.



Four Exercise Science will present their research at the national Strength and Conditioning Association meeting in July in Indianapolis, Indiana: `sophomore Monica Hunter, juniors Hannah Oberdiek and Marissa Gress, and senior Jensynn Kasper.



Dr. Jennifer Hurst presented her sabbatical report, *The Relationship Between Nature and Psychological Well Being*, April 25, in Violette Hall. From January 3 to July 8, 2017 Dr. Hurst traveled to 21 different national parks, 2 national recreation areas, and 5 state parks. She logged 23,225 miles of travel, with 2,876 miles logged by plane (to Anchorage, Alaska), 466 miles logged by train (from Anchorage to Denali), 19,449 miles driven by truck, 287 miles logged on foot, 93 miles logged riding bikes, and 33 miles logged by paddling a kayak. “Sharing my own transformative learning from my sabbatical only reinforces to my students and the Truman community the benefits of liberal learning and the power of transformative experiences,” Dr. Hurst said. It is her hope that her sabbatical experience will provide the university additional ideas and approaches for managing mental health and psychological well-being in students, faculty, and staff. With the growing research on the positive benefits of nature exposure to psychological well-being, the data collected from Dr. Hurst’s project could help to inform programs and policies to promote the psychological culture at Truman.

Jillian Fields, senior athletic training major, passed the BOC exam on her first attempt. After graduation, she will be a certified athletic trainer. The athletic training program is at a 100% first time BOC exam pass rate this year.



For their HLTH 440 capstone project, health science seniors Trevor Atnip and McKenna Owens raised money to purchase three mobile disc golf baskets (a value of \$390.00) and donated them to the Adair R-II School District in Brashear. They are pictured, left, with Mr. Chris Prewitt, physical education teacher at the Adair R-II School District.



Students from the Student Public Health Association (SPHA) formed a scholar bowl team to compete in the Saint Louis University's 2018 Scholar Bowl, April 14. Those participating in the Public Health Trivia competition and the Public Health Case Study Competition were: Brendan Cronley, Maha Mohamed, Braden Zoeller, Alexandra Brown, Bansari Amin, and Ashton King. SPHA sponsors, Dr. Alicia Wodika, and Dr. Janice Clark, accompanied them to the competition. While there, the SPHA team competed against teams from Georgetown University, Johns Hopkins University, the Ohio State University, Temple University, University of Alabama-Birmingham, Brown University, Kent State University, SLU, DePaul University, Eastern Illinois University, Macalester College, Lindenwood University, Mercyhurst University, and Baldwin Wallace University. The Truman SPHA team finished in a tie for fifth place in the Public Health Trivia Contest, and scored 73.5/75 in the Public Health Case Study Competition, just missing second place honors.

Health Science Celebration Days were held April 27 – May 1. Presentations included: (April 27) HLTH 410 Health Communication Oral Presentations for HLTH 325, HLTH 410 Health Communication Poster Presentations, HLTH 349-02 Research Methods Poster Presentations, HLTH 467 Epidemiology Poster Presentations; HLTH 349-01 Research Methods Poster Presentations; (April 30) HLTH 440 Senior Capstone Presentations: Genesis House Fundraising (Lana Allen, Briana Niedling, Kristin Flinn, Montira Mosby, & Ashley Smith, Title IX Project (Elsa Snider, Anna Wang, & Sabiya Azim), Buddy Pack (Madeline Thomas, Marissa McBurnett, & Michael Judson), Mind Matters Campaign (Allison Politsch, Hanna Livsey, Autumn Shepard, & Maura O'Toole), HLTH 198 Mindfulness TAs (Marisa Meiners, Emily Fleck, & Swati Patel), Sexual Health Communication (Bethany Johnston, Bethany Main, and Rachel Hanson), ATSU AHA Training Center (Jessica Hyde & Melanie King), Nutrition in the Kitchen at CLC (Emma Veitch, Clarice Schmid, and Megan Rodman), Oral Health Presentations (Katie Mattingly, Mitch Finder, Ian Niccum, and Derek Mielke), Faith Lutheran School Health Lessons (Leigha Lierheimer & Kaitlin Beck), HLTH 255 Teaching Assistants (Elizabeth Tryon, Ebert & Madeline Carney); (May 1) HLTH 440 Senior Capstone Presentations: NEMO AHEC Elementary Emergency Preparedness (Emmy Fry & Dria Riley), Greenwood Project Fundraiser (I Am Able 5K) (Marguerite Farrand & Alysa Wisness), HLTH 320 Teaching Assistants (Christian Banez & Angela Sas), Skin Health Research & Awareness Week (Kim Williams, Rachael Reckamp, Allie Dougherty, & Courtney West), Disc Golf Promotion (Trevor Atnip & McKenna Owens), Kirksville After-Prom Escape Room (Emily Buechler), Sexual Health Awareness Week (Gillian Mwangi & Brendan Cronley), Anxiety - the Roots & Resources (Allison Freed & Kianna Friesz), Thousand Hills Research (Bene Clear), Earth Month 2018 (Ronna Owens, Maggie Pool, & Nikki Bhuma), HLTH 195/198 Teaching Assistants (Josh Pearson, Kameron Murray, & Josh Hall) and Disability Awareness Research (Chloe Hromockyj, Collin Heisel, & Lauren Box).



April 30 Showcase Presenters



May 1 Showcase Presenters

The HLTH 440 seniors in Dr. Janice Clark's two courses presented their capstone projects, April 30 and May 1. These 62 students completed 2,262.75 hours of service to the campus and community during the spring semester. They were supervised by the following Truman faculty and staff: Dr. Roberta Donahue; Dr. Nancy Daley-Moore; Dr. Alicia Wodika; Dr. Carol Cox; Dr. Janice Clark; Dr. Jennifer Hurst; Ms. Amanda Starks; Ms. Jana Arabas; Ms. Melody Jennings; and Mr. Joe Hamilton. The HLTH 440 students completed the following activities: assisted with raising over \$12,000 for the Genesis House fundraiser in Edina; implemented a Title IX compliant curriculum with 340 Truman athletes; coordinated and supervised the assembly and distribution of 3,227 Buddy Packs to northeast Missouri students; taught health lessons to first and second grade students at Faith Lutheran School; initiated and taught a HLTH 198 Mindfulness course and a HLTH 198 Lifetime Activities course; worked as teaching assistants in HLTH 255, HLTH 320, two sections of HLTH 195; presented/facilitated QPR training and Mental Health First Aid to 61 Truman students; taught *Nutrition in the Kitchen* to participants at the Community Learning Center; presented oral health lessons to 191 pre-school and elementary students; reached 94,723 people in four countries with videos, podcasts, and fact sheets from the #Trumantalksaboutsex media campaign; presented a three-session *Anxiety: The Roots & Resources* workshop to 22 Truman students; conducted research on Truman students with registered disabilities; raised \$861.63 in a disc golf fundraiser, purchased and donated disc golf baskets to Adair County R-II School District (\$334 cost) and donated \$527.86 to the renovation fund for the Rotary Park disc golf course in Kirksville; promoted Earth Month with a street clean-up, a clean-up of Bear Creek on the Truman campus, a "plant an herb" day, recycling information tables, a showing of *An Inconvenient Sequel*, hosting a local foods lunch on campus; conducting a skin health research project surveying 541 students and using the data analysis to host a Skin Health Awareness Week prior to spring break (giving away sunscreen, lip balm, caps, and sunglasses); hosting an *I am Able* 5K race with \$336.29 raised toward the Greenwood renovation fund; created an escape room for the Kirksville High School after-prom party; conducted outdoor activity wellness research; taught emergency preparedness lessons to 226 students at Kirksville Primary School and Mary Immaculate School; conducted Sexual Health Awareness Week on campus; created a logo and communication materials for the ATSU American Heart Association Training Center, and hosted a hands-only CPR training session.



Health Science students in Dr. Alicia Wodika's HLTH 349 Research Methods and Dr. Nancy Daley-Moore's HLTH 410 Health Communication Methods and HLTH 467 Epidemiology presented their project and research findings in poster and oral presentations, April 27. Students from other health science courses attended the presentations to learn more about their future coursework and potential project ideas.

During the spring semester, students in Dr. Janice Clark's two sections of HLTH 290 Principles of Health Education contributed 772.5 hours of service to the Kirksville community and Truman State University. They were assigned to complete a minimum of 15 hours each in service that included projects such as: assembling food for the Buddy Pack project, assisting with HLTH 440 capstone projects (Kirksville Prom After-Prom Escape Room, Genesis House Benefit, tabling for Safer Sex Awareness Week, Roots of Anxiety Workshop, Mind Matters projects, tabling for Skin Health Awareness Week, and Street and Stream Clean-ups), assisting with Medical Education & Science Anatomy (M.E.S.A.) dissections, donating blood at campus blood drives, babysitting at Parents' Night Out, donating to the Buddy Pack project, volunteering at Take Root Café, Lyceum events, Twin Pines & Manor Care, Special Olympics, the Big Event, D.A.R.T.S, CHEERS tabling, Salvation Army, the Crossing Thrift Store, Adair County Humane Shelter, and NEMO AHEC. Students kept a service log of their hours that were verified by the project/location supervisors, and then wrote reflection papers discussing their service, how their service impacted to the "participants" where they volunteered as well as themselves, and discussed three CHES sub-competencies they experienced/met during the service learning.

Student Public Health Association (SPHA) won the Outstanding (large) Student Organization Award for exceptional student leadership and service to the campus and community and Dr. Alicia Wodika won Outstanding Advisor for (large) Student Organizations at the CSI Student Leadership Recognition Program.

Benjamin Lasser, a junior Health Science and Biology double major currently studying abroad in Spain, was among 22 students recently inducted into the Delta of Missouri Chapter of Phi Beta Kappa at Truman State University. Ben is the son of David and Marianne Lasser of Normal, Illinois. The Truman State University chapter of Phi Beta Kappa received its national charter January 2001. Truman is one of only four campuses in the state to receive a Phi Beta Kappa charter. Phi Beta Kappa is the nation's oldest undergraduate academic honor society in the liberal arts and sciences. It was founded in 1776 at the College of William and Mary. Currently chapters exist at 286 institutions of higher learning throughout the United States.

Graduating Health Science Senior Plans (Spring 2018):

Emily Buechler—working at the University Hospital in Columbia, MO as a CTA-Clinical in Internal Medicine Department. Hopes to enter University of Missouri's ABSN program in May 2019.

Brendan Cronley—starting at Saint Louis University College of Public Health and Social Justice in the MPH program with dual concentrations in Epidemiology and Maternal and Child Health. He will have a graduate Assistantship as the Public Health Scholar Bowl Coordinator.

Melanie King—attending Case Western Reserve University School of Law as a Gerber Law-Medicine Fellow (paid to do health law research her first year)

Gillian Mwangi—Interning for the Missouri Democratic Party-McCaskill 2018 campaign. Then, take the LSAT exam and apply to law school programs.

Maggie Pool—Sustainability Coordinator at Philmont Scout Ranch in Cimarron, NM

Rachael Reckamp—admitted to the MAE Elementary Education Program at Truman, and student teach at the Park Hill School District (4th grade) in Kansas City during the fall of 2018.

Dria Riley—Teacher Assistant at Faith Academy in St. Louis + pharmacy tech at Walgreens.

Megan Rodman—Working at Hy-Vee until entering the master's program in Occupational Therapy at St. Mary's University in Omaha, NE

Emma Veitch—attending Washington University in St. Louis, MO for the master's of Occupational Program

Alysa Wisness—exploring options with either We Rock the Spectrum Gym or Planned Parenthood in California

Lana Allen—accepted in the Truman Accelerated Baccalaureate of Science Nursing Program (ABSN) for the 2019 cohort.

Montira Mosby—accepted in the Truman Accelerated Baccalaureate of Science Nursing Program (ABSN) for the 2019 cohort. Her plan is to become a nurse practitioner.

Madeline Thomas—accepted in the Truman Accelerated Baccalaureate of Science Nursing Program (ABSN) for the 2019 cohort.

Ronna Owens—working as an insurance agent a David Cochran State Farm Insurance Agency.

Jessica Hyde—Medical Scribe at Barnes Jewish St. Peters Hospital and Progress West Hospital in St. Charles, MO while applying to medical schools.

Kianna Friesz—working as a medical scribe at Northeast Regional Medical Center while taking additional biology courses and applying to medical schools.

Maddy Carney—Medical scribe at SSM Health Cardinal Glennon Children’s Hospital in St. Louis, MO, then applying to PA & ABSN programs.

Kim Williams—starting the ABSN program at Goldfarb School of Nursing in St. Louis. Her plan is to become a Certified Nurse Anesthetist (CRNA)

Hannah Livsey—attending Goldfarb School of Nursing (either in the fall of 2018 or spring of 2019).

Mitch Finder—attending UMKC School of Dentistry in Kansas City, MO.

Katie Mattingly—attending UMKC School of Dentistry in Kansas City, MO.

Derek Mielke—attending UMKC School of Dentistry in Kansas City, MO.

Ian Niccum—attending Southern Illinois University—School of Dental Medicine in Alton, IL

Emmy Fry—working at Cerner in Kansas City, Mo as an Academy Consultant.

Josh Pearson—commissioned as Second Lieutenant in the US Army, stationed in Fort Benning, GA to complete Infantry Basic Officer Leadership Course and prepare for Ranger School.

Autumn Shepard—attending UMSL’s for a Master of Arts degree in Public Policy Administration

Bethany Johnston—attending the University of Missouri for a Master of Health Administration degree

Allison Pollitsh—attending Kirksville College of Osteopathic Medicine as A.T. Still University

Angela Sas—working at music festivals during the summer of 2018, volunteering in Guatemala on a permaculture farm in the fall of 2018 to earn a Permaculture Farming Certificate, becoming TESOL certified, and then determining the rest of her career.

Marisa Meiners—working as a consulting analyst at Accenture in Denver, CO

Elsa Snider—begin the MPH program at Washington University in St. Louis, MO and also pursue an MBA. Apply to osteopathic medical schools in the fall of 2019 and hope to attend in 2020.

Joshua Hall—waiting to hear from Cerner (Consultant), in Kansas City, MO or Zimmer Biomet in Columbia, MO for orthopedic sales.

McKenna Owens—entering the two-year Dental Hygiene Program at UMKC in Kansas City, MO

Allie Dougherty—working in medical sales in St. Charles, MO at Priority Medical

Maggie Farrand—moving to Sacramento, CA to work at TLCS (Transforming Lives, Cultivating Success), Inc.a resource center to support individuals with mental illness through the Jesuit Volunteer corps through August 2019.

Allison Freed—attending Rockhurst University (Kansas City, MO) for the Master of Occupational Therapy program

Elizabeth Tryon-Ebert—waiting to hear from University of Alabama-Birmingham for the MPH in Maternal and Child Health program.

Gap Year plans:

Kaitlin Beck—ABSN at Lindenwood or UMSL

Briana Niedling—apply for ABSN programs while serving in the Volunteers in Medicine program

Sabiya Azim—work at NRMHC or a health department for a year, while applying for medical school

Swati Patel—plans apply for a MPH program specializing in global health

Bene Clear—plant to travel & volunteer and then find a health job

Kameron Murray—working in a hospital in the St. Louis area and then applying to physician assistant program

Collin Heisel—working to save money for a master’s degree program in OT

Looking for a Job:

Rachel Hanson—waiting to hear from Washington University for OT school + working in St. Louis, MO

Nikki Bhuma—find a job, then get a MPH/MBA double master’s degrees

Clarice Schmid—applying for jobs through the State of Missouri. Will apply to obtain an associate of arts degree to become an Occupational Therapy Assistant

Kristin Flinn—interning at the Jewish Community Center in St Louis this summer and job seeking. Plans to apply to ABSN programs in St. Louis with the goal of becoming a nurse practitioner

Michael Judson—completing an internship at Washington University in St. Louis, and seeking employment

Bethany Main—completing internship at Genesis Hospital in Silvis, IL this summer; pursuing a career in health administration

Chloe Hromeckyj—working in St. Louis while applying to ABSN programs

Anna Wang: graduating in August and job seeking while applying to grad schools for MPH programs

Maura O’Toole—pursuing a career in medical sales

Trevor Atnip—job seeking while applying for physical therapy grad programs

Courtney West—seeking employment in healthcare administration/project management

Lauren Box—seeking employment, then applying for a master’s degree in OT

Leigha Lierheimer—looking for a job in a clinical lab setting (Boyce & Bynum Pathology or medical setting), while applying to medical school programs

Marissa McBurnett—looking for a job in St. Louis

Considering multiple possibilities:

Ashley Smith—applying for grad school or working

Christian Banez

Nursing



Audra Porter (BSN May, 2018), Abby Tetzlaff (BSN May, 2018), Kyle Fuchs (BSN May, 2018), Sarah Fick (BSN May, 2018), and Emilee Hix (ABSN Dec., 2018) presented to the Nursing Advisory Council about their experiences with interprofessional education (IPE). They shared experiences, processes, and learning outcomes gained through the Collaborative Case Competition (Fall, 2017), IPE Health Partners (Spring, 2018), and IPE Simulations conducted in multiple nursing courses (Fall 2017 and Spring 2018). These efforts are a collaboration between multiple departments within SHSE at Truman State University and A.T. Still University. IPE provides students a vital experience in preparing for the communication and collaboration necessary to provide high quality care to clients, and these experiences have proven mutually beneficial to both universities.



ATSU-KCOM student strengthens interprofessional relationships with TSU nursing students

On Thursday, April 19, students from Truman State University's nursing program participated in an interprofessional education experience at A.T. Still University's (ATSU) Drabing Human Patient Simulation Center. Nine nursing students joined ATSU-Kirksville College of Osteopathic Medicine (ATSU-KCOM) student Garrett Rissler, OMS III, as he acted as the delivering physician in the birthing suite.

Each nursing student had the opportunity to manage the labor process and assist in the delivery of the newborn. After delivery, each student then conducted newborn resuscitation on the newborn simulator.

"The Truman State University nursing students are a fantastic group, and I had a great time learning with them," said Rissler. "It is becoming more and more important in healthcare to have good team dynamics, and the Human Patient Simulation lab is a great opportunity to foster both interprofessional education and communication."

~ Copied from <https://iconnect.atsu.edu/atsu-kcom-student-strengthens-interprofessional-relationships-with-tsu-nursing-students>

Nursing student-athletes Libby Opfer and Lindsey Schlichting finished their senior years both academically and athletically in style. Lindsey received a Dogspy award in April as Truman State University's Women's Tennis Student-Athlete of the Year. Libby Opfer qualified for the NCAA Swimming & Diving Championships, and in March posted terrific times in three relays. The nursing department celebrates all of our student-athletes for the self-discipline, the drive, and the determination they show, which contribute to their success in both their sport and their discipline.



Nursing Pinning was held May 11 in Baldwin Hall.

Calendar of Selected Upcoming Events

Wellness Awareness: May is Better Hearing and Speech Month, Clean Air Month, High Blood Pressure Awareness Month, Mental Health Awareness Month, National Bike Month, National Physical Fitness and Sports Month, Skin Cancer Awareness Month

May 1, Tuesday: Wellness Awareness: World Asthma Day

May 3, Thursday, Undergraduate Council Meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105

May 4, Friday: Last Day of Spring 2018 Semester Classes

May 5, Saturday: Wellness Awareness: World Hand Hygiene Day

May 6, Sunday: Wellness Awareness: International No Diet Day

May 6 – 12, Sunday – Saturday: Wellness Awareness: Root Canal Awareness Week

May 7, Monday: First Day of Finals

May 9, Wednesday: Reading Day

May 10, Thursday: (Old) Faculty Senate Meeting, 3:30 – 5:30 p.m., SUB Alumni Room 2105

May 10, Thursday: (New) Faculty Senate Meeting, 5:30 – 6:00 p.m., SUB Alumni Room 2105

May 11, Friday: Last Day of Finals

May 11, Friday: Academic Honor Awards Assembly, 5:00 reception, 5:30 ceremony, Georgian Rooms

May 11, Friday: Master of Arts in Education (MAE) Hooding Ceremony, 7:00 p.m., Ophelia Parrish Performance Hall

May 11, Friday: Nursing Department Recognition/Pinning Ceremony, 7:00 p.m., Baldwin Hall Auditorium

May 12, Saturday: Wellness Awareness: Chronic Fatigue Syndrome Day

May 12, Saturday: Communication Disorders Department Ceremony, 10:00 a.m., SUB Alumni Room

May 12, Saturday: Commencement

May 12, Saturday: May Interim 2018 Begins

May 13 – 18, Sunday – Friday: Wellness Awareness: Women's Health Week

May 13 – 19, Sunday – Saturday: Wellness Awareness: Food Allergy Awareness Week

May 14 – 20, Monday – Sunday: Wellness Awareness: Mental Health Awareness Week

May 17 – 23, Thursday – Wednesday: Wellness Awareness: National Hepatitis Awareness Week

May 21 – 25, Monday – Friday: Wellness Awareness: Bike to Work Week

May 26, Saturday: May Interim 2018 Ends

May 28, Monday: Memorial Day Observed, University Closed

May 29, Tuesday: First Five-Week and Ten-Week Classes Begin

May 31, Thursday: Wellness Awareness: World No Tobacco Day

June 4, Monday: Eight-Week Classes Begin

June 8, Friday: Dr. Kay Clapp Literacy Awards Presentation, noon, Violette Hall second floor commons

June 16, Saturday: Board of Governors Meeting

June 29, Friday: First Five-Week Classes End

July 2, Monday: Second Five-Week Classes Begin

July 4, Wednesday: Independence Day, University Closed

July 27, Friday: Eight-Week Classes End

July 28, Saturday: August Interim 2018 Begins

August 3, Friday: Second Five-Week and Ten-Week Classes End

August 11, Saturday: August Interim 2018 Ends

August 20, Monday: Fall 2018 Semester Classes Begin

Mission Statement

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

Five Pillars

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



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