

# NOVEMBER 2019 NEWSLETTER



## The SHSE Administrative Team

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**Dr. Wendy Miner**, *Chair of Education*

**Mr. James Judd**, *Director of the RPDC*

**Dr. Amy Teten**, *Chair of CMDS*

**Dr. Brenda Wheeler**, *Chair of Nursing*

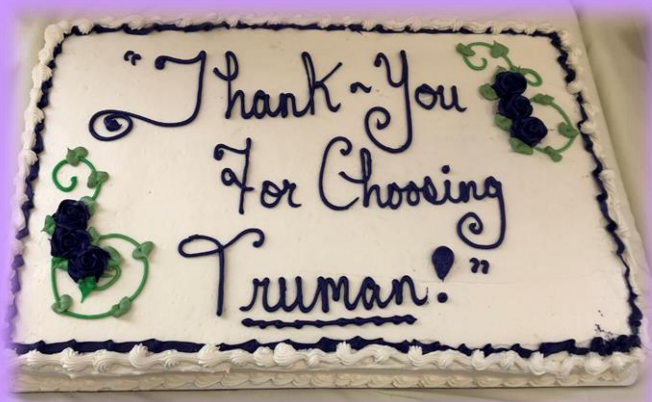
**Ms. Mona Davis**, *Assistant to the Dean/Newsletter Editor*

## Message from Dr. Lance Ratcliff, Dean, School of Health Sciences and Education

Greetings from the School of Health Sciences & Education! It is a pleasure to be part of such a dynamic group of focused professionals, and I am privileged to give an overview of our November newsletter.

As you read the following pages, the theme of student success is abundantly clear. From service projects to student awards to licensure pass rates, our students are remarkably busy, extremely talented, and highly successful. Equally important, they are putting their knowledge into action, and that couldn't occur without our exceptional faculty and staff working to facilitate these opportunities. My sincere congratulations to our students, and my sincere appreciation to our faculty and staff!

One of the recent University highlights was Homecoming 2019. It was my first Truman Homecoming, and I was thoroughly impressed with the week's events and participation of University colleagues, alumni friends, and the Kirksville community. Homecoming included the official kickoff of the Mayhew Student Research Fund, which honors Dr. Jerry Mayhew and his legacy at Truman by creating a fund for Health & Exercise Sciences students in their travel and presentation efforts at research conferences. Dr. Mayhew retired in 2018, but he remains active on campus in multiple roles and is often a featured speaker with prospective students, groups of parents, current students, and alumni. If you have any questions about the Mayhew Student Research Fund or would like to be involved, please feel free to contact me; my e-mail address is [LRatcliff@truman.edu](mailto:LRatcliff@truman.edu), and my direct line is 660-785-4384. Thank you!



Truman recently celebrated Truman Graduate students during Truman Graduate Education Week. Events included a pizza luncheon and a social at Maxwell's.

### Communication Disorders

The Speech and Hearing Clinic conducted speech-language-hearing screenings for children enrolled in Head Start programs throughout Northeast Missouri, October 3 - 4, 2019. Approximately 180 children were screened.

The Communication Disorders Association (CoDA) CMDS Student Organization has been involved in many activities:

- ✓ Ms. Andrea Richards was the guest speaker during the CoDA meeting, September 9, 2019. Ms. Richards discussed various components of First Steps.
- ✓ Joe Hamilton, University Counseling Services, presented on *Mental Health Awareness: Suicide Prevention*, September 23, 2019.
- ✓ The Campus Radio Station requested that CoDA supply earplugs for the Sir Babygirl concert, October 3, 2019.
- ✓ CoDA participated in the Project NEMO Connect, October 4, 2019. Project NEMO Connect provides a supportive, encouraging environment where services and results are delivered in one place. It is a one-day, one-stop shop to reach as many people in our community as possible. CoDA volunteers had a registration table, served as personal guides, served meals, prepared gift packs to distribute to clients. Clients were able to access information about housing, participate in free health, dental, vision and hearing screenings, and much more.
- ✓ CoDA participated in the Hike for Hearing, October 6, 2019. This event was hosted by Delta Zeta with proceeds being donated to the Starkey Hearing Foundation and Truman Speech and Hearing Clinic.
- ✓ Randi Slaughter, Kaitlyn Head, and Nikki Sisson (CMDS graduate students) served as a graduate panel for the CoDA-sponsored graduate school panel, October 7, 2019. Representatives discussed various aspects of applying to graduate schools.
- ✓ Dr. Benjamin Pettit, audiologist from Harkens Hearing and Audiology, spoke to CoDA regarding careers in Audiology, October 21, 2019.
- ✓ CoDA will participate in the Autism Awareness month with a fund raiser project being planned. Proceeds will be donated to the Greenwood School project.

The CMDS Department will host a Graduate Student Open House, Saturday, November 2, 2019. Invitations have been sent to:

- ✓ Truman students (both majors and non-majors);
- ✓ Students who have applied for spring, 2020 and/or fall, 2020 admission;
- ✓ Students who have contacted the University expressing interest in the master's degree in CMDS;
- ✓ CMDS Program Chairs in Missouri, Iowa, and Illinois are also sent information concerning the CMDS Graduate Student Open House/Recruitment Day and are asked to post/distribute invitations for/to their current students.

In the past, this event has been an excellent recruiting tool. Various stations of information/interest are established. Faculty discuss internships, the academic curriculum, the Speech and Hearing Clinic processes/procedures, financial aid availability, and various topics of interest to prospective graduate students. Lunch will be provided.

“Katie Krull is a senior Communication Disorders major at Truman State University. In May of this year, Katie had the opportunity to be one of the 14 CMDS students on the annual CMDS study abroad trip to Puerto Vallarta, Mexico. The students provided speech and language therapy at several sites, including an orphanage, a school for children with disabilities, a daycare for children with disabilities, and a pop-up clinic. This study abroad trip is a great experience for individuals pursuing a degree in Speech-Language Pathology, as they gain much clinical experience in just one short week! Katie’s favorite part about the trip was getting to interact with the people of Puerto Vallarta, learn their culture, and to help the community with some incredible people. She loved seeing the smiles on the faces of the kids she worked with, who in turn, put a smile on her face. Katie is thankful for this experience and is so grateful to have participated. Katie will graduate from Truman with a Bachelor of Arts in Communication Disorders in December 2019. After graduation, she will begin the Communication Disorders Graduate program at Truman in the spring.”

~ by Valerie Hagedorn



## Education

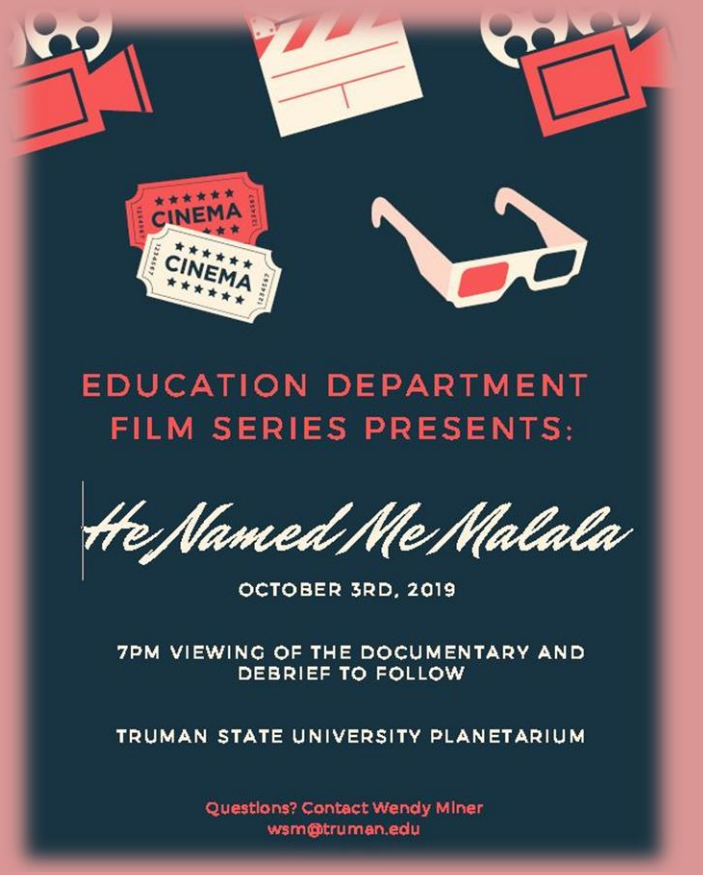


Dr. Stacy Davis was an invited speaker at Wayne State College (WSC) in Wayne, Nebraska. Her talk, entitled *Los emigrantes invisibles: Indianos and Spanish Migration to the Americas (1865-1945)*, celebrated Hispanic Heritage month by examining the *indianos* (migrants) of late nineteenth-century and early twentieth-century Spain. She spoke about the tens of thousands of emigrants that journeyed to the Americas in search of fortune and a better life, sharing a slide show of archived photos of the many who weathered the difficult journey: Cantabrian granite workers in New England, Andalusian sugar cane cutters in Hawaii, Asturian cigar makers in Florida, Basque sheep-herders in Idaho, Galician sailors and dockworkers in New York, and Castilian fruit and nut farmers in California. Dr. Davis’s talk celebrated the contributions of these “invisible” immigrants whose stories are now being recovered. Her talk was well received by faculty and students at WSC.



“Students gathered in the Planetarium for another Education Film Series event. We watched the documentary "He Named Me Malala" which is about a young woman named Malala who advocates for children and education. She was almost killed for her beliefs but survived and was the youngest recipient of the Nobel Peace Prize when she was only 17 years old. Students were moved by the intensity of the film and also participated in a brief discussion with refreshments afterward. In addition to having a great event, we are shocked that Malala's father, Ziauddin Yousafzai, followed the Planetarium on Twitter after they shared the flyer on their page! He played a key role in Malala's upbringing and success as an activist so we were honored that he recognized our event.”

~by Kaitlin Hackbarth



EDUCATION DEPARTMENT  
FILM SERIES PRESENTS:

*He Named Me Malala*

OCTOBER 3RD, 2019

7PM VIEWING OF THE DOCUMENTARY AND  
DEBRIEF TO FOLLOW

TRUMAN STATE UNIVERSITY PLANETARIUM

Questions? Contact Wendy Milner  
wsm@truman.edu



“Kaitlin Hackbarth is a graduate student in the Master of Arts Education program at Truman State University. She is also currently a Graduate Teaching/Research Assistant for the Education department. She will begin her student teaching in the spring and hopes to become an Elementary school teacher once she obtains her master’s degree. In Kaitlin’s free time, she indulges in a unique hobby. Kaitlin has her own online shop on Etsy.com. Through this website, Kaitlin sells handmade gifts, personalized items, and more. She has sold her items to people all over the country! Kaitlin’s shop is called Sophia’s Showroom. Katilin says, “Sophia is my middle name after two of my great grandmas. They were both creative women and became the inspiration behind the name.” Kaitlin states that she loves spending her time being creative and has been doing die-cutting projects for almost eight years now. She is studying to be a teacher so she is working to include products for the classroom as well as gifts and home décor.”

~ by Valerie Hagedorn

“On October 19th from 10:30 am to 11:30 am an open house was put on in the new technology room located in Violette Hall 1304. Around 40 current Truman students, faculty, and alumni came to experience the new technologies the Education Department has to offer. Kaitlin Hackbarth showcased the Nureva wall with engaging lessons currently being used in some classes and helped people gain some hands on experience. The Nureva Wall is a connected system that allows up to 20 people to use it as a touch screen and insert templates, notes, and images. Christina Brubeck showcased the new Virtual Reality system and helped people experience VR in an educational setting. Many people were amazed at how lifelike the VR was and enjoyed physically interacting with history, science, and geography.”

~ by Christina Brubeck



Lorin McBee, MA CMDS 2019, Speech/Language Pathologist at Scotland County R-1 Schools in Memphis, and Ms. Sheila Berkowitz, Education Department Certification/Assessment/Advising, are on the set for *Doublewide, Texas Christmas*, a comedy which will be performed at the Memphis Theatre on November 14, 15, and 16 in Memphis.

Ms. McBee is portraying the character Lark Larkin, a young widowed mother. Mrs. Berkowitz is directing the play which is being produced by the Memphis Community Players, Inc.





Dr. Paul Yoder met as a consultant for the Standards Writing Committee of the National Council of Teachers of English (NCTE), in October, in New York. Dr. Yoder and the committee are redrafting the national teacher standards for English Language Arts. Dr. Yoder is also leading a sub-committee currently developing an English content specific teacher educator review process that will provide a new national option for teacher education programs seeking recognition and/or accreditation.



Results from the Bulldog Forever Homecoming 5K Run/Walk held October 19, 2019 show Dr. Paul Yoder placing first in his age group and overall top 5. There were 80 participants. He is pictured in the photos above, number 62. Congratulations, Paul!



Dr. Stacy Davis accompanied current MAE Spanish student Ian Crane to the annual Foreign Language Association of Missouri (FLAM) teaching conference, October 15 – 16, 2019, in St. Charles, MO. The Bulldog presence was strong as former Classical and Modern Language students, now secondary teachers, celebrated their love of Truman together and attended informational workshops on issues in the foreign language classroom.



**Planetarium Space  
Exploration Presentations  
in French and Spanish**

November 12, 2019  
Del & Normal Robison Planetarium

"Le voyage à travers le système solaire" 7 p.m.	"El viaje por el sistema solar" 8 p.m.
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Classical and Modern Language students are now practicing for their live planetarium shows in Spanish and French in preparation for the CML's annual language festival, to be held this year on Thursday, November 14<sup>th</sup>. Spanish and French MAE students will give four shows that day to visiting high school language students.



## Health and Exercise Sciences



Students in HLTH 362 Environmental Health, taught by Dr. Janice Clark, toured and provided assistance, September 24, 2019, at the White Rose Catholic Worker farm. After an introduction to the sustainability practices used at the farm from Regina Bambrick-Rust, the students spent the remainder of the afternoon field trip providing service, while getting sweaty, dirty, and getting a few blisters. For some students, it was their first time being on a farm and providing manual labor. The HLTH 362 students worked in several groups. The groups of 3-5 students worked in two gardens to weed, dead-head basil, harvest tomatoes, and plant garlic bulbs. Another group insulated an adobe pizza oven in an outdoor kitchen. A third group shoveled dirt to cover pipe in a new trenched water line. The fourth group dug post holes for compost bins and set several of the posts. The day ended with reflection of their activities and what the students had learned about sustainability practices while at the farm.





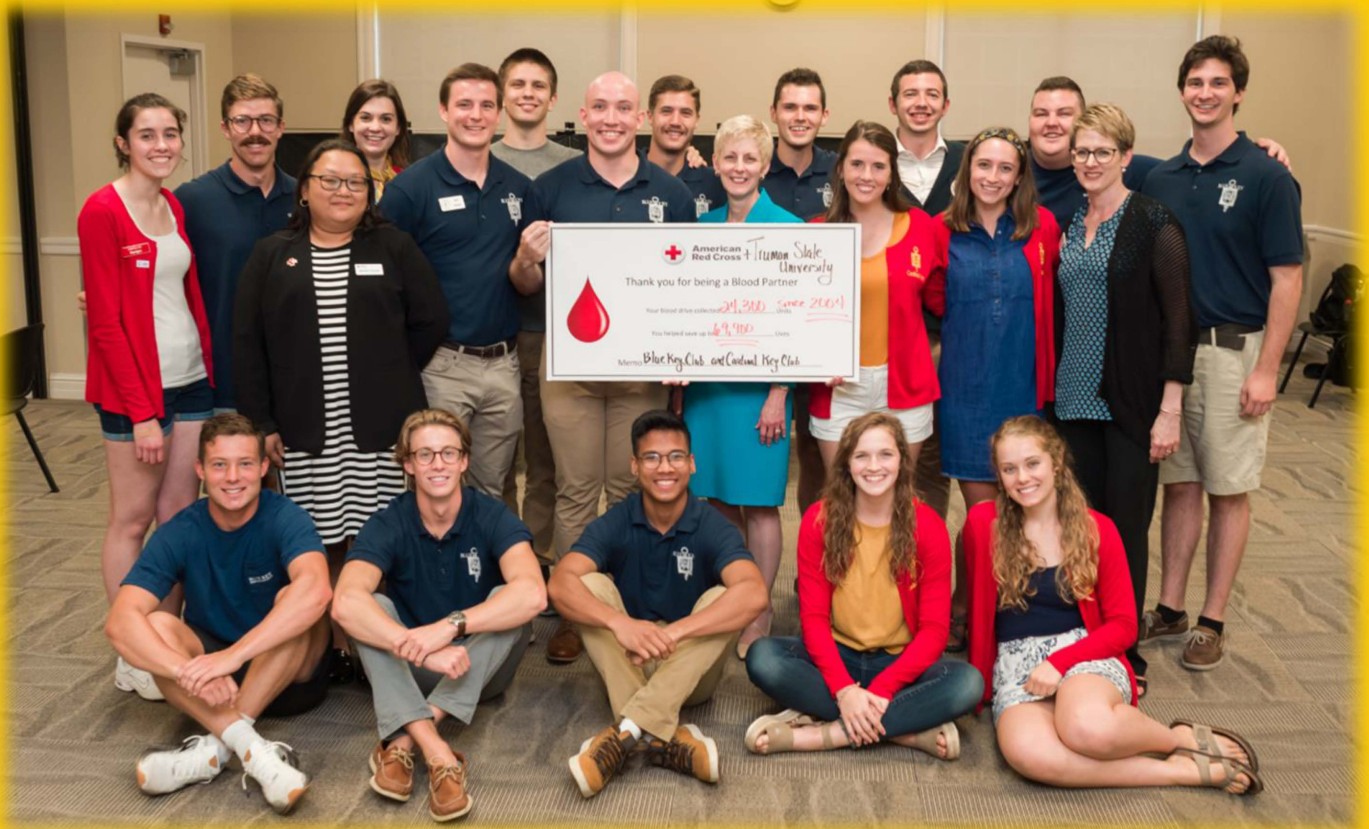
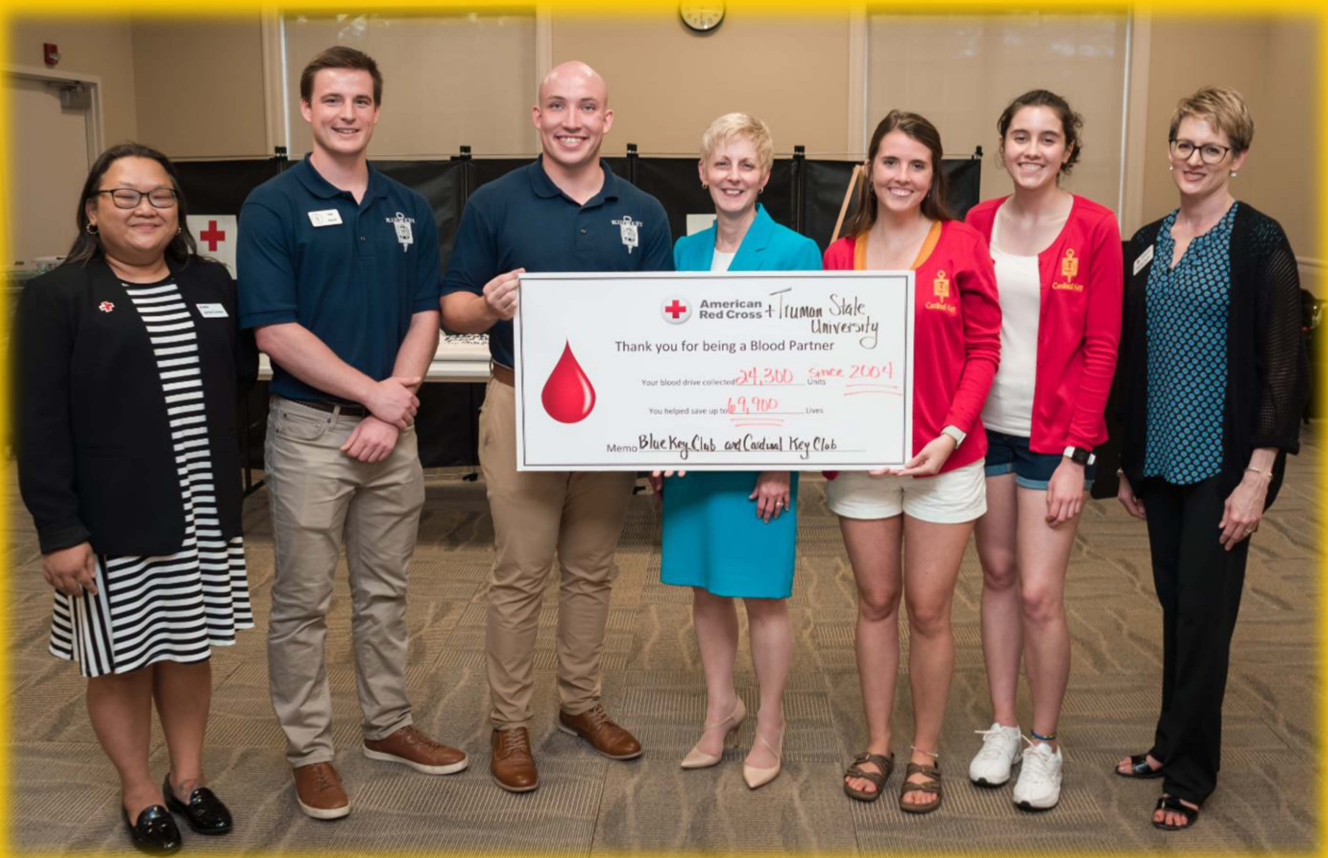
Nearly 40 students from HLTH 255 Community and Public Health, taught by Dr. Nancy Daley-Moore and students from HLTH 362 Environmental Health, taught by Dr. Janice Clark worked on the storm drain medallion project, September 28, 2019. Working in teams, the students affixed several hundred aluminum medallions to the storm drains in a number of residential areas in Kirksville. Students became very adept at handling the tubes of adhesive to affix the medallions and map the locations of the marked storm drains. Additionally, it was important to watch for traffic as they located the drains and affixed the medallions. The medallions are blue and read: “No dumping. Only rain down the drain.” The project is intended to help educate residents to not blow grass clippings or trash into the storm drains. These drains all lead to the Kirksville Wastewater Treatment Plant. Less organic matter in the storm water means less needed treatment of the water.



Mansi Trivedi, health science and biology double major, was recently notified that she has been admitted to the 2021 freshman class at A.T. Still University (ATSU), with the Still Scholar Early Acceptance Program. She will be mentored at ATSU for the next three semesters, must maintain her GPA, and finish her coursework at Truman. Congratulations, future Dr. Mansi!



Benjamin Brooke, senior Health Science major, completed the majority of work for his HLTH 440 capstone project by serving as student coordinator for the fall Red Cross blood drive held at Truman.







The Master of Athletic Training students had the opportunity to teach the medical students at ATSU about spine boarding techniques, October 24, 2019. It is awesome when the learners become the teachers!

Athletic Training senior Grace Pepple has been awarded the 2019 Patricia McSwegin Research Award to be presented at the annual MOSHAPE conference in November. Her research “The Effects of Delayed Onset Muscle Soreness Using the Firefly T-1 Device in College Athletes” co-authored with Ashley Rose (2018 athletic training graduate) was accepted for presentation at the MOSHAPE conference. Michelle Boyd was the faculty mentor.

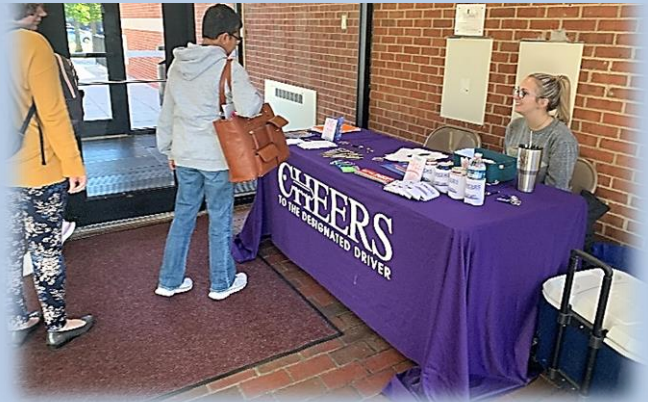


Kate Steiger (MAT), Ashley Garlock (MAT), Natalie Moore (MAT), and Alex Arabas (ES) had their research *Retention of Life Saving Skills in Health Care Professionals and Students* accepted for the 2019 MOSHAPE conference for a poster presentation. Dr. Brandy Schneider, Jana Arabas, and Lisa Archer (ATSU) were the faculty mentors.

Jordan E. Dorsey (ES), Hannah R. Higbie (ES), Haley D. Mills (ES), and Chad R. Verdier (Athletic Training) had their research *Retention and Knowledge of CPR Skills in a University ROTC Program* accepted for the 2019 MOSHAPE conference for a poster presentation. Dr. Brandy Schneider, Jana Arabas, and Lisa Archer (ATSU) were the faculty mentors.

Students enrolled in HLTH 255 Introduction to Community and Public Health have been tabling to spread awareness about injury prevention and safe driving practices. During this service learning project, Health Science majors interacted with peers in order to determine their attitudes, beliefs and norms regarding safe driving. Then, using the Theory of Planned Behavior, students were able to craft relevant messages to promote safe behaviors to their peers. The students highlighted two key state-wide programs, CHEERS and Drive Safe Drive Smart. CHEERS provides an acknowledged designated driver in a group of two or more with free non-alcoholic beverages. Establishments in Kirksville that participate in CHEERS include Bellacino's Pizza, Bonsai Steak Teriyaki & Sushi House, Dukum Inn, Geno's 70s Club, La Pa, La Fuente, Maxwell's, Pagliai's Pizza, TP's Office, West Winery, Wooden Nickel & Woody's, and Wrongdaddy's. The Drive Safe Drive Smart program provides information on a range of safe driving practices. As they tabled, HLTH 255 students handed out a variety of promotional items, such as keychains, pop sockets, post-it notes, highlighters, tire gauges,

“I feel empowered to go out and make a difference in the Truman State community. This tabling has helped me to learn so much about how to be a safe driver and prevent injury. It is a special opportunity to be able to go out and promote that same ideal to Truman students and help facilitate a more safe campus.” Remaining table dates and locations this semester include November 5 and 8 in the SUB, November 6 in McClain, and November 7 in Magruder. Stop by to learn more about these programs (and pick up your freebies).



Health Science students enrolled in HLTH 405 Global Public Health helped celebrate World Polio Day, October 24, 2019. Activities included a social media campaign, presentations to students in HLTH 255 Introduction to Community and Public Health and HLTH 270 Health Systems and Consumers, a bake sale, and giveaways from the World Health Organization. Today, thanks to the combined efforts of the Rotary, the Bill and Melinda Gates Foundation, UNICEF, the Centers for Disease Control and Prevention and the World Health Organization, and thousands of polio volunteers, there are only two countries that are not yet polio-free—Pakistan and Afghanistan. For more information visit <https://www.endpolio.org/>



“Lily Merz is a senior Exercise Science major with psychology and disability studies minors at Truman State University. Over the past 2 summers, Lily has had an amazing opportunity to work at Camp WeCanDu, a week long overnight camp where children with physical disabilities escape the social constructs of ‘being disabled’ to simply be independent, to be silly, to be themselves, to be kids. This camp is run by Disabled Athletes Sports Association (DASA) an organization who provides paralympic and adaptive sports and fitness to people with physical disabilities. Lily affirms that “camp is the greatest time of the year” and encourages anyone in the St. Louis area to volunteer at Camp WeCanDu, or other adaptive sports events run by DASA. Lily will graduate Truman in May 2020 with a Bachelor of Science in Exercise Science. After graduation, Lily will be attending Mizzou’s Masters of Occupational Therapy program and plans to be involved with DASA’s up and coming branch of adaptive sports in Columbia, Missouri.”

~ by Valerie Hagedorn



## Nursing



Truman's Rho Omega Chapter of Sigma Theta Tau International Honor Society of Nursing held its annual induction ceremony, October 4, 2019. Two senior ABSN students, 14 senior BSN students, and one nurse leader were inducted. Pictured above are the inductees: front row, left to right, Carlie Burns, Luisita Estavillo BSN RN, Whitney Ebert, Alyssa Becherer, Sarah Whanger, Morgan Cabral, Sydney Perkins; back row, left to right, Casey Cook, Zoe Frantom, Jessica Fleshman, Susie LaFever, Erica Scieszinski, Molly Kurtz, Luke Gittemeier, Hannah Kruse. Not pictured: Cheyanne McNellis and Gabby Playe.





Gracie McKim and Mallory Morgan



Lauren Burchett and Ellen Weimer



Lauren Burchett and Ellen Weimer



Maddie Beahan and Gracie Jones

The Truman State University Nursing Program, in partnership with William Matthew Middle School Physical Education department, NEMO Heart Health, ATSU, and the American Heart Association, continued its annual service to Kirksville R-III students by providing hands-only CPR training to seventh-grade girls at William Matthew Middle School. This past month, Teak Nelson and junior nursing students enrolled in Child/Family Nursing had the opportunity to teach compression-only CPR and AED using mannequins with visual feedback technology so that students receive immediate feedback about the rate and depth of compressions and can adjust their technique accordingly.





On October 19, 2019, 14 senior nursing students presented their study abroad experiences in the Philippines this past summer. The event was held in the SUB Activities Room and was attended by approximately 100 students, including President Thomas, Provost Gooch, SHSE Dean Ratcliff, SAL Interim Dean Harding, Nursing Chair Dr. Wheeler, the nursing faculty, and other invited guests. The students presenting included Lily Crandall, Ingrid Erickson, Brianna Flores, Zoe Frantom, Luke Gittemeier, Claire Kendall, Susie LaFever, Cassidy Myers, Emily Schulz, Abby Van Soelen, Morgan Stoll, Samantha Trimmer, Anna Beth Wehr, and Emily White. The students participated in a transcultural nursing program in the Philippines from May 17 through June 9, 2019. During their trip, they were paired with West Visayas State University and accompanied by former faculty members Kit and Steve Hadwiger, as well as current faculty member Rafael Tubongbanua. The students had nursing clinical experiences in gerontology, pediatrics, medical surgical nursing, critical care nursing, and obstetrics, in a rural community in Badiangan, Iloilo. Each student was paired with a Filipino nursing student to help them during clinicals. The event featured presentations that incorporated the students' experiences in the Philippines as well as academic sources. Presentation topics included various cultural topics about the Philippines, such as communication processes, health insurance, family roles, STIs, spirituality, nursing education, and child-bearing practices. The event included refreshments and a video about the students' experiences.

~ by Zoe Frantom Senior Nursing Student Philippine Transcultural Nursing Study Abroad 2019

During the third quarter reporting period from the Missouri State Board of Nursing for the National Council Licensure Examination (NCLEX-RN), Truman's pass rate for 2019 is 95.65% (44/46 candidates passed on first time NCLEX). For this same time period, the pass rate for Missouri was 91.35% and for the United States was 89.11%. Thank you, Nursing faculty for all of your hard work in educating our Truman students.

Brenda Austin, Brenda Mitchell, Sheena Nichols, Rafael Tubongbanua, and Alison Winston will attend the 23<sup>rd</sup> Annual Midwest Regional Nursing Educators Conference, *Innovations, Quality, and Safety in Nursing Education and Practice*, November 13 – 15, 2019, in Columbia.

Jana Ogden will be a delegate to the 45<sup>th</sup> Biennial Convention of Sigma Theta Tau, *Connect. Collaborate. Catalyze*, November 16 – 20, 2019, in Washington, D.C.

# Northeast Regional Professional Development Center

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## *Calendar of Selected Upcoming Events*

November 1, Friday: Lyceum, Paul Robeson, 7:30 p.m. (doors open at 7:00 p.m.), Baldwin Auditorium  
November 2, Saturday: Admission Office Showcase visit day  
November 12, Tuesday: Academic Leadership Forum  
November 13, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151  
November 14, Thursday: Undergraduate Council, 3:00 – 5:00 p.m., SUB Alumni Room 2105  
November 21, Thursday: Faculty Senate meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105  
November 25-29, Monday-Friday: Thanksgiving Break, no classes  
November 27-29, Wednesday-Friday: University closed  
December 5, Thursday: Undergraduate Council, 3:00 – 5:00 p.m., SUB Alumni Room 2105  
December 6, Friday: Last day of classes  
December 6, Friday: Dr. Temple Grandin, 8:00 a.m. – 3:00 p.m., Baldwin Hall Auditorium  
December 7, Saturday: Board of Governors meeting  
December 9, Monday: Finals start  
December 11, Wednesday: Reading day  
December 12, Thursday: Faculty Senate meeting, 3:00 – 5:00 p.m., SUB Alumni Room 2105  
December 13, Friday: Finals end  
December 14, Saturday: Commencement, 11:00 a.m.  
December 14, Saturday: Winter interim begins  
December 23-27, Monday-Thursday: University closed  
January 1, Wednesday: University closed  
January 11, Saturday: Winter interim ends  
January 13, Monday: Spring semester classes begin  
January 15, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151  
January 20, Monday: Martin Luther King, Jr. Day, University closed  
January 25, Saturday: Admission Office Showcase visit day  
February 8, Saturday: Board of Governors meeting  
February 19, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151  
March 2, Monday: Lyceum, Golden Dragon Acrobats, 7:30 p.m. (doors open at 7:00 p.m.), Baldwin Auditorium  
March 4, Wednesday: First block classes end  
March 5, Thursday: Second block classes begin  
March 9-13, Monday-Friday: Spring break  
March 18, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151  
March 27, Friday: Lyceum, The Step Crew, 7:30 p.m. (doors open at 7:00 p.m.), Baldwin Auditorium  
March 28, Saturday: Admission Office Showcase visit day  
April 4, Saturday: Board of Governors meeting  
April 13, Monday: Term Break/Spring Holiday. University closed  
April 15, Wednesday, Graduate Council, 3:40 p.m., Violette Hall 2151  
April 16, Thursday: Student Research Conference  
April 25, Saturday: Admission Office Showcase visit day  
May 1, Friday: Last Day of Classes  
May 4, Monday: Finals start  
May 6, Wednesday: Reading Day  
May 8, Friday: Finals end  
May 9, Saturday: Commencement, 2:00 p.m.  
May 9, Saturday: May Interim begins  
May 23, Saturday: May Interim ends  
May 25, Monday: Memorial Day, University closed  
May 26, Tuesday: First Five Week and Ten Week classes begin  
June 1, Monday: Eight Week classes begin

# *Mission Statement*

The School of Health Sciences and Education is committed to preparing students to effectively serve as professionals and leaders in their communities and fields by providing an exceptional education grounded in the liberal arts and sciences, fostering interdisciplinary collaboration, promoting diverse learning experiences, and inspiring the pursuit of continued scholarship and research.

## *Five Pillars*

- ❖ Professional programs grounded in the liberal arts and sciences
- ❖ Leadership development
- ❖ Interdisciplinary collaboration
- ❖ Diverse learning and service opportunities
- ❖ Pursuit of continued scholarship and research



TRUMAN STATE UNIVERSITY

*School of  
Health Sciences & Education*